

ADVENTURE SPORTS

1. Look and write.

kayaking *mountain biking* *kitesurfing* *snowboarding* *rock climbing* *water skiing*
windsurfing *skydiving* *paragliding*



2. Match each word with its definition.

<i>kayaking</i>	Standing on a board with a sail and using the wind to move on the water.
<i>mountain biking</i>	Going on a river or lake in a small boat using a paddle.
<i>kitesurfing</i>	Riding a bicycle on hills, mountains, or rough paths.
<i>snowboarding</i>	Sliding down snowy mountains on a board, like skateboarding on snow.
<i>rock climbing</i>	Using hands and feet to go up rocks or climbing walls.
<i>water skiing</i>	Standing on a board in the water while holding a big kite that pulls you with the wind.
<i>windsurfing</i>	Running from a hill or mountain with a big parachute and flying gently through the sky.
<i>skydiving</i>	Jumping from a plane with a parachute and flying through the air.
<i>paragliding</i>	Standing on two skis while a boat pulls you across the water.

3. Put the following activities in the correct column.

tennis basketball kayaking baseball yoga gymnastics hiking karate
 volleyball mountain biking swimming paragliding chess judo athletics

GO	PLAY	DO
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4. Fill in the gaps using go, play or do. Remember to use Present Simple tense.

- a) I usually swimming in summer.
- b) My brother karate every Monday.
- c) We football after school.
- d) She never hiking when it rains.
- e) They gymnastics at the sports centre.
- f) He mountain biking on Saturdays.
- g) My friends and I basketball in the park.
- h) You always yoga with your mum.
- i) Tom and Emma water skiing on holiday.
- j) Sarah volleyball at school.