

TRANSLATE AND USE IN THE CORRECT FORM.

1. _____ (keemilised lisaained) and _____ (säilitusained) are not useful for your health.
2. They asked for _____ (minu nõuannet kasulike toitainete kohta) in their diet.
3. Doctors advise to _____ (vähendama soola hulka) that you use every day.
4. The headmaster _____ (andis hinnangu õpilaste toidule).
5. _____ (piimatooted) contain _____ (palju kaltsiumi), but _____ (vali väherasvane piim).
6. _____ (tarbijate nõuanne) was to avoid this ice-cream because it is _____ (rikas süsivesikute poolest).
7. Fruits and vegetables are rich in _____ (kiudained) and _____ (süsivesikud) but they don't have much _____ (valk).
8. Which is your favourite _____ (jogurti maitse)?
9. Õpilased _____ (valisid selle magustoidu) because it _____ (annab piisavalt energiat).
10. _____ (Liiga palju süsivesikuid) ja _____ (säilitusaineid) can harm your health.

