

FEELINGS – NEF UPPER INT

1 Adjectives

a Match the adjectives with the situations.

confused disappointed glad grateful homesick lonely nervous offended relieved shocked

How would you feel if...?

- 1 two people gave you completely opposite advice
- 2 the police told you that your flat had been burgled
- 3 a friend helped you a lot with a problem
- 4 you thought you had lost your passport but then you found it
- 5 you didn't get a present you were hoping to get
- 6 you went to study abroad and were missing your family
- 7 you moved to a new town and didn't have any friends
- 8 you were about to talk in public for the first time
- 9 your friend tells you she has just passed her driving test
- 10 a very good friend didn't invite you to his party

confused
shocked



(or pleased)

Some adjectives describe a mixture of feelings, e.g.

fed up = bored or frustrated and unhappy (especially with a situation which has gone on too long)
I'm very fed up with my job. I think I'm going to look for something else.

upset = unhappy and worried / anxious

She was very upset when she heard that her cousin had had an accident.

b Match the strong adjectives with their definitions.

astonished delighted desperate devastated exhausted /ɪg'zɔ:stɪd/
furious /'fjʊəriəs/ miserable stunned terrified thrilled

- 1 very surprised and unable to move or react stunned
- 2 extremely upset and shocked _____
- 3 very pleased _____
- 4 really tired _____
- 5 very excited _____
- 6 extremely scared _____
- 7 really angry _____
- 8 very surprised _____ (or amazed)
- 9 with little hope, and ready to do anything to improve the situation _____
- 10 very unhappy _____

⚠ Remember you can't use *very*, *extremely*, etc. with strong adjectives. If you want to use an intensifier, use *absolutely*, e.g. *absolutely astonished* NOT *very astonished*.

Can you remember the words on this page?
Test yourself or a partner.

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2 Idioms

a Look at the highlighted idioms and try to guess their meaning.

- 1 I'm sick and tired of telling you to do your homework. Get on with it!
- 2 When I saw the burglar I was scared stiff.
- 3 He finally passed his driving test! He's over the moon!
- 4 You look a bit down in the dumps. Has life been treating you badly?
- 5 I'm completely worn out. I just want to sit down and put my feet up.
- 6 When I saw her, I couldn't believe my eyes. She looked ten years younger.

b Match the idioms and the feelings.

- A exhausted
- B (be) very surprised
- C fed up
- D terrified
- E sad, depressed
- F very happy