FEELINGS – NEF UPPER INT

1 Adjectives

a Match the adjectives with the situations.

~~confused~~ disappointed glad grateful homesick lonely nervous offended relieved shocked

How would you feel if...?

1 two people gave you completely opposite advice — *confused*
2 the police told you that your flat had been burgled — *shocked*
3 a friend helped you a lot with a problem — _____
4 you thought you had lost your passport but then you found it — _____
5 you didn't get a present you were hoping to get — _____
6 you went to study abroad and were missing your family — _____
7 you moved to a new town and didn't have any friends — _____
8 you were about to talk in public for the first time — _____
9 your friend tells you she has just passed her driving test — _____ (or *pleased*)
10 a very good friend didn't invite you to his party — _____



Some adjectives describe a mixture of feelings, e.g.

fed up = bored or frustrated and unhappy (especially with a situation which has gone on too long)
I'm very fed up with my job. I think I'm going to look for something else.

upset = unhappy and worried / anxious
She was very upset when she heard that her cousin had had an accident.

b Match the strong adjectives with their definitions.

astonished delighted desperate devastated exhausted /ɪg'zɔːstɪd/ furious /'fjʊərɪəs/ miserable stunned terrified thrilled

1 very surprised and unable to move or react — *stunned*
2 extremely upset and shocked — _____
3 very pleased — _____
4 really tired — _____
5 very excited — _____
6 extremely scared — _____
7 really angry — _____
8 very surprised — _____ (or *amazed*)
9 with little hope, and ready to do anything to improve the situation — _____
10 very unhappy — _____

⚠ Remember you can't use *very, extremely*, etc. with strong adjectives. If you want to use an intensifier, use *absolutely*, e.g. *absolutely astonished* NOT ~~*very astonished*~~.

Can you remember the words on this page?
Test yourself or a partner.

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2 Idioms

a Look at the highlighted idioms and try to guess their meaning.

1 I'm sick and tired of telling you to do your homework. Get on with it!
2 When I saw the burglar I was scared stiff.
3 He finally passed his driving test! He's over the moon!
4 You look a bit down in the dumps. Has life been treating you badly?
5 I'm completely worn out. I just want to sit down and put my feet up.
6 When I saw her, I couldn't believe my eyes. She looked ten years younger.

b Match the idioms and the feelings.

A exhausted
B (be) very surprised
C fed up
D terrified
E sad, depressed
F very happy

LIVEWORKSHEETS