



# 1

Match the sentences with its sounds!



Audio A



Audio B



Audio C



Audio D



Audio E



Audio F



Audio G

Wash your face in  
the morning and  
in the evening.

Take a shower  
every day.

Trim your nails  
once a week.

Wash your  
hands as often  
as necessary.

Visit the doctor  
when you have  
health problems.

Brush your hair  
regularly.

Brush your teeth  
twice a day.

## # 2

Match the sentences with its pictures!

Wash your face in  
the morning and  
in the evening.

Take a shower  
every day.

Trim your nails  
once a week.

Wash your  
hands as often  
as necessary.

Visit the doctor  
when you have  
health problems.

Brush your hair  
regularly.

Brush your teeth  
twice a day.



### # 3

Choose the right answer to the questions!



How often should you wash your hands?

as often as necessary

never

from time to time

every day



How often should you wash your face?

always

in the morning

in the evening

in the morning and in the evening







How often should you  
take a shower?



as often as  
possible

sometimes

usually

every day



How often should you  
brush your teeth?



every Sunday

every day

twice a day

as often as  
possible





What should you  
regularly do to your hair?



cut

brush

stylish

color



What should you do to  
your nails?



cut

paint

bite

trim





When should people visit  
the doctor?



When you  
have free  
time

When you  
have health  
problems



When the  
weather is  
fine

When you  
have  
problems at  
school



The end The end The end The end

