Read the following passage about human life expectancy and mark the letter A, B, C or D on your answer sheet to indicate the best answer to each of the following questions from 23 to 30.

Nomophobia, short for "no-mobile-phone phobia," is a modern phenomenon that affects many people in today's digital age.

What is nomophobia? It is the irrational fear of being without one's mobile phone or being unable to use it. This condition can cause **anxiety** and distress, and **it** highlights the profound impact mobile devices have on our lives. The fear of losing or being separated from one's phone is a growing concern. Some common situations that trigger nomophobia include misplacing one's phone, running out of battery, or losing network signal. The fear intensifies when people imagine not having their phones to contact friends and family, access the internet, or use GPS for navigation.

Who easily suffers from nomophobia? **Nomophobia is not limited to any age group and can affect individuals of all backgrounds**. It often becomes evident when people experience panic or anxiety when they forget their phones at home or are unable to use them temporarily. Symptoms may include restlessness, rapid heartbeat, sweating, and a sense of insecurity.

The roots of nomophobia lie in the convenience and connectedness that mobile phones provide. These devices have become integral to our daily lives, serving as not just communication tools but also cameras, entertainment hubs, personal organizers, and more. This dependence on mobile phones can lead to a feeling of **vulnerability** when separated from them.

Question 23. Which of the following is not mentioned as nomophobia?

A. The irrational fear of being unable to afford a mobile phone.
B. The irrational fear of not bringing along at least a mobile phone.
C. The irrational fear of being unable to operate a mobile phone.
D. The irrational fear of not being with a mobile phone.

Question 24. The word "anxiety" is OPPOSITE in paragraph 2 in meaning to _____.

A. carelessness **B.** meaninglessness
C. fearlessness **D.** uselessness

Question 25. The pronoun "it" in paragraph 2 refers to _____.

A. the irrational fear **B.** distress
C. the mobile phone **D.** the digital age

Question 26. The word "vulnerability" in paragraph 4 is closest in meaning to _____.

A. loss **B.** sickness
C. weaknesses **D.** depression

Question 27. Which of the following best paraphrases the underlined sentence in paragraph 3.

A. Only some people can avoid nomophobia while others easily get stuck in it.
B. Nomophobia affects everyone in the world, but some people can easily get over it.
C. Hardly anyone remains unaffected by nomophobia.
D. Naturally, everyone is easily immune to nomophobia.

Question 28. Which of the following is TRUE according to paragraph 2?

A. Nomophobia is so dangerous that people should stop using mobile phones to avoid it.
B. People do not use their phones to contact others, access the internet, or use GPS for navigation.
C. Before the first mobile phone was invented, human beings had not been affected by nomophobia.
D. People in today's cyberworld shouldn't bring along a mobile phone to avoid nomophobia.

Question 29. In which paragraph does the writer mention the cause of nomophobia?

A. Paragraph 1 **B.** Paragraph 2
C. Paragraph 3 **D.** Paragraph 4

Question 30. In which paragraph does the writer mention the fear of being without mobile phones?

A. Paragraph 1 **B.** Paragraph 2
C. Paragraph 3 **D.** Paragraph 4

LIVEWORKSHEETS

Read the following passage about education in Nepal and mark the letter A, B, C or D on your answer sheet to indicate the best answer to each of the following questions from 31 to 40.

Fashion in the 1960s reflected the cultural and political upheaval of the time. The hippie and counterculture movement **gave rise to** accessories like Pocahontas-style headbands and medallions worn around the neck. Hippies wore long, loosely fitting clothing, often in natural fabrics. Hemlines rose as Mary Quant popularized the miniskirt and hot pants in her lines for JC Penney. And mod fashion, with brightly colored space-age geometric patterns, shift dresses and colored tights became the mainstream. Both miniskirts and mod-shift dresses were worn with knee-high go-go boots.

[A] During the 1970s, the loose-fitting hippie clothes of the prior decade gave way to exotic fabrics and bell-bottom jeans for men and women. Hemlines continued to rise and hot pants continued **their** popularity, reflecting the flashy style of the decade. However, the 1970s also saw the popularity of a longer hemline, from mid-calf to ankle-length. **[B]** Women wore peasant-style clothing, especially blouses with off-the-shoulder necklines and lace trim, with their jeans or skirts. **[C]** Disco fashion emerged, featuring bright patterns and tightly fitting clothing meant to show off the body. Platform shoes **elevated** their wearer, male or female, anywhere from two to four inches or more. **[D]**

The 1980s saw another fashion upheaval. Angst-ridden punks wore Dr. Marten and steel-toed army boots, chains, tartan patterns, and bondage pants. Punks focused more on their hair during this period, dying, teasing and chopping their hair into asymmetric styles that seemed to defy gravity. Women—and men—experimented with heavy eyeliner in a variety of colors. Women wore neon colors, jelly shoes, tight jeans, leggings, leg warmers and oversized sweatshirts. **Menswear-inspired looks also became popular for both sexes**. Men wore 'power suits,' named so for their price, which made these suits a reflection of the wealth of the wearer. Women's jackets featured big shoulder pads that made the shoulders appear higher and larger, similar to the male silhouette.

1990's fashion was far more subdued than the garish, wild styles of the 1980s. Bands like Nirvana influenced the grunge look, which

Question 31. Which of the following does the passage mainly discuss?
A. The influences of fashion on young people
B. Projected fashion trends in the next decades
C. The greatest fashion models of all times
D. Fashion trends over four decades

Question 32. The phrase "gave rise to" in paragraph 1 mostly means _____.
A. drew the attention to
B. provided budget for
C. made up for
D. caused the appearance of

Question 33. The word "their" in paragraph 2 refers to _____.
A. hemlines' **B.** hot pants'
C. bell-bottom jeans' **D.** fabrics'

Question 34. The word "elevated" in paragraph 2 mostly means _____.
A. lifted **B.** beautified **C.** supported **D.** enlightened

Question 35. Where does the following sentence best fit?
Embroidered clothing became especially popular with this trend.
A. [A] **B.** [B] **C.**[C] **D.** [D]

Question 36. Which of the following best expresses the essential information in the underlined sentence in paragraph 3?
A. Such was the popularity of menswear that both sexes were inspired to make themselves look exactly the same.
B. Men had so great inspiration to the popular clothes of women that both sexes share the same kind of garments.
C. Both men and women liked to wear clothes that drew inspiration from menswear.
D. Women and men were inspired to wear the popular clothing of the opposite sex.

Question 37. Which of the following is best supported by the author of the passage?
A. The more civilized society is, the more wilderness-oriented fashion styles become.
B. The more modern the society is, the more similar to each other menswear and womenswear become.
C. The more developed society becomes, the more simplified fashion gets.
D. Fashion in each decade reflected major changes in culture and politics of that corresponding time period.

Question 38. Which of the following is NOT TRUE of "power suits"?
A. They were worn by both genders.
B. They represented the wealth of the wearers.
C. They were very costly.
D. Their price reflects the status of the wearers.

Question 39. What can be inferred from accessories like Pocahontas-style headbands?

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featured rock-concert tee shirts under plaid flannel shirts, jeans and long, greasy hair. Overalls were worn by both sexes, either with one or both shoulder straps unhooked. The punk style of the 1870s and 1980s evolved into the goth fashion trend, which featured black clothing, black boots and studded bracelets in the style of bands like Nine Inch Nails and Marilyn Manson.	**A.** They were not aligned with the cultural convention at the time. **B.** They were prepared by the Indian Americans. **C.** They were not popular at that time. **D.** They remained popular until the 1980s. **Question 40.** Which of the following is TRUE according to the passage? **A.** Punks in the 1970s adopted asymmetric hair styles that seemed to defy gravity. **B.** Fashion in the 1990's was generally gentler and quieter than that of the 1980's. **C.** Fashion in the 1960's was dominated by unisex exotic fabrics and bell-bottom jeans. **D.** Punk in the 1870s and 1980s adopted goth fashion trend featuring black clothing, black boots.

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