

# Listening Practice 3.1

Listen carefully to the audio recording. You will hear a monologue related to a real-life pharmaceutical context. After listening, answer all 7 multiple-choice questions (MCQs) based on what you heard.



1. What is the commonly accepted definition of polypharmacy?

A. Taking more than two medications

B. Taking five or more medications

C. Using herbal supplements with prescriptions

2. What is the main risk of the “triple whammy” drug combination (NSAIDs, ACE inhibitors, diuretics)?

A. High blood pressure

B. Liver failure

C. Kidney function impairment

3. What symptom should pharmacists advise patients to monitor for while on the “triple whammy”?

A. Drowsiness

B. Decreased urine output

C. Increased appetite

4. Why is combining simvastatin with clarithromycin potentially dangerous?

A. It causes high blood pressure

B. Clarithromycin increases simvastatin levels, leading to muscle toxicity

C. It reduces the effectiveness of clarithromycin

5. What condition can result from using multiple serotonergic medications like SSRIs and tramadol?

A. Anaphylactic shock

B. Serotonin syndrome

C. Hypoglycemia

6. What is one recommended strategy for preventing drug interactions?

A. Avoid giving any medication to elderly patients

B. Conduct regular medication reviews and use interaction databases

C. Only rely on patient self-monitoring

7. What should patients be encouraged to maintain and share with all healthcare providers?

A. A diary of their symptoms

B. A list of allergic foods

C. An up-to-date medication list