

Listening Practice 1.2

Listen carefully to the audio recording. You will hear a monologue related to a real-life pharmaceutical context. After listening, answer all 7 multiple-choice questions (MCQs) based on what you heard.



1. How long has the patient been managing type 2 diabetes?

- A. Less than a year
- B. About two years
- C. Over five years

2. What medication is the patient currently taking?

- A. Insulin
- B. Glipizide
- C. Metformin

3. What issue is the patient experiencing with their blood sugar levels?

- A. Consistently low readings
- B. Unpredictable fluctuations throughout the day
- C. Readings always above 15 mmol/L

4. What lifestyle challenge is affecting the patient's diabetes management?

- A. Traveling frequently
- B. Irregular work hours and inconsistent meals
- C. Allergies to diabetes medication

5. What effect does the patient think stress might be having on their condition?

- A. Helping to lower glucose levels
- B. Causing higher blood sugar readings
- C. Increasing appetite

6. What concern does the patient have about long-term use of metformin?

- A. Liver damage
- B. High blood pressure
- C. Vitamin B12 deficiency

7. What is the patient seeking from the pharmacist?

- A. A completely new treatment plan
- B. Guidance on whether their medication needs adjusting or if they should consult a diabetes educator
- C. A sugar-free meal plan