

# UNIT 4 HEALTHY HABITS

## 1. Number the pictures with the correct healthy habit



1. Do exercise
2. Eat salad
3. Drink water
4. Sleep well
5. Wash your hands
6. Brush your teeth



## 2. Check the healthy habits.

Practice sport ☐ Eat burgers twice a day ☐

Have a shower ☐ Eat with dirty hands ☐

Don't do exercise ☐ Go to school ☐

Study English ☐ Speak aloud in public places ☐

Sleep 8 hours per day ☐