

Why Do We Feel That Way?

Name: _____

Purpose: Understand the causes behind people's emotions.

A Bad Day for Luis



Yesterday, Luis had a terrible day. First, he missed the school bus **because he woke up late**. Then, he forgot his homework at home, so his teacher was disappointed. During break time, he dropped his lunch on the floor and couldn't eat anything. He felt **hungry and ashamed**.

Later, he got a very low grade on his English test **because he didn't study**. He felt **frustrated**. After school, he lost his phone on the way home. He felt **worried**. Later, he argued with his best friend **because he was very stressed**, he felt very sad.

Luis went to bed early, feeling tired and hoping the next day would be better.

I. Read for detail and choose

TRUE FALSE

- | | | |
|--|--|--|
| 1. Luis missed the bus because he didn't hear the alarm. | | |
| 2. His teacher was happy with him. | | |
| 3. Luis ate all his lunch during break time. | | |
| 4. He felt stressed after receiving his grade. | | |
| 5. He went to sleep early. | | |

II. Read again and match the cause with the correct emotion

- | Cause | Emotion |
|--------------------------------------|-----------------------|
| 1. He dropped his lunch on the floor | A. Sad |
| 2. He got a low grade on his test | B. Frustrated |
| 3. He lost his phone | C. Worried |
| 4. He argued with his best friend | D. hungry and ashamed |

III. Read for detail and choose the correct answer

1. Why did Luis miss the school bus?

2. Why was the teacher disappointed?

3. Why did Luis feel sad during break time?