

## SEXUAL ABSTINENCE & Decision Making DISCUSSION QUESTIONS

Directions: Complete these discussion questions and discuss your answers with your parents/guardians.

1. Why is sexual abstinence a healthy choice for a teenager?

2. Why is it important to talk to a parent/guardian about important matters?

3. Why are most teens choosing sexual abstinence?

While considering your values, look over this list of statements and rank them in order of importance to you, with **#1 being most important and #14 being least important**.

<p>Rank These ▾ Making new friends</p> <p>Rank These ▾ Going to college</p> <p>Rank These ▾ Making money</p> <p>Rank These ▾ Getting married</p> <p>Rank These ▾ Making it on my own</p> <p>Rank These ▾ Getting good grades</p> <p>Rank These ▾ Having my own car</p>	<p>Rank These ▾ Being involved in sports</p> <p>Rank These ▾ Being artistic or creative</p> <p>Rank These ▾ Getting a good job that I like</p> <p>Rank These ▾ Getting along with my parents</p> <p>Rank These ▾ Being popular</p> <p>Rank These ▾ Being happy</p>
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What are some common unhealthy decisions that you have seen teens make that have had a negative consequence on their life goals?