Name: ……..

Class: S5…

Ngày làm bài: Thứ……., ngày…./….

Writing: ……

StarLink

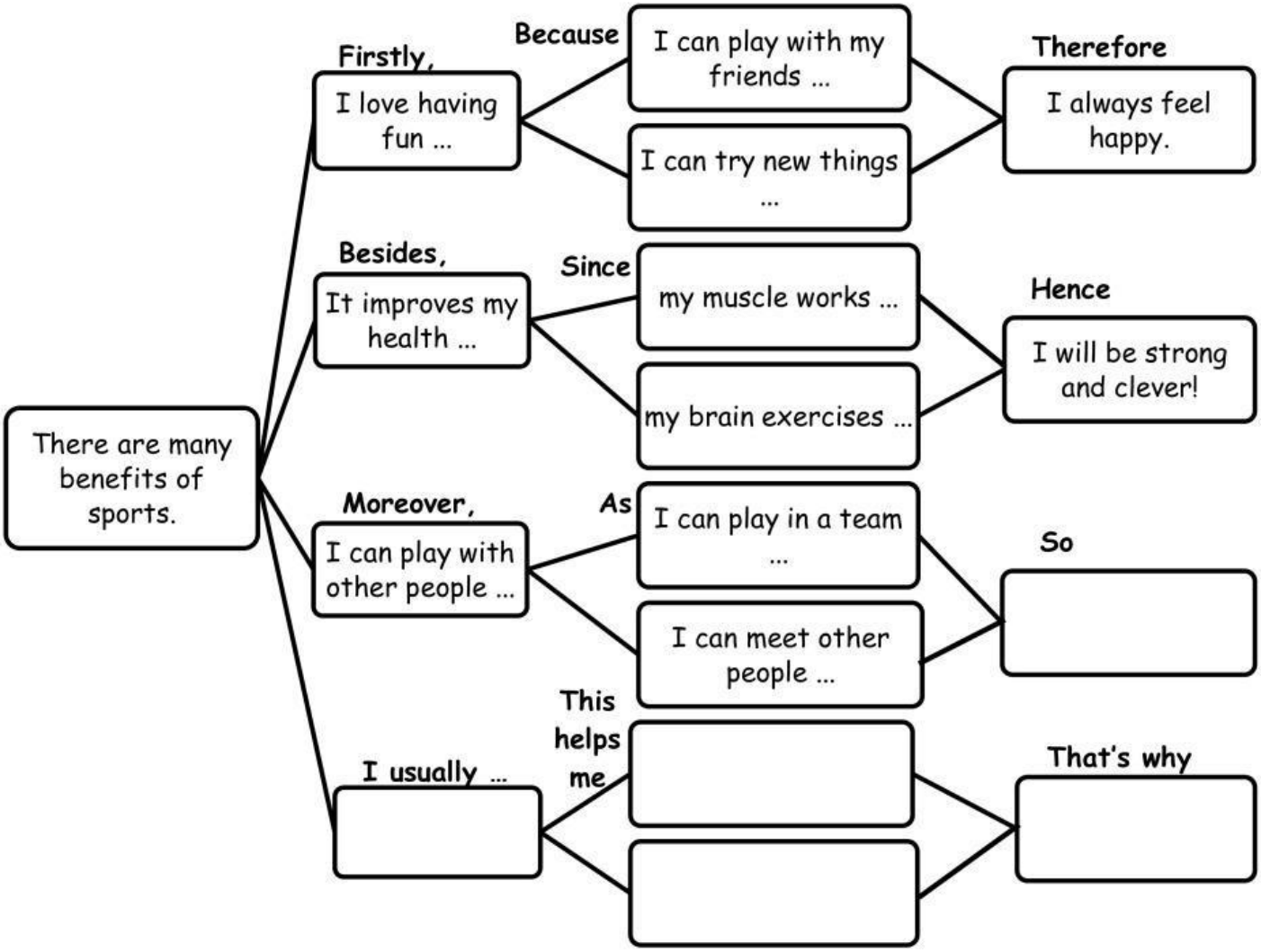
WRITING PRACTICE

What are the benefits of sports?

1. What do you enjoy most about playing sports?
2. Why is it important to stay active and play sports?
3. How can playing sports help you make new friends?
4. When do you usually play sports or exercise?

Sample mind map

Đây là sơ đồ tư duy mẫu, học sinh dựa vào đây để phát triển thêm ý tưởng của riêng mình.



Từ nối	Nghĩa	Từ nối	Nghĩa
Firstly …	Đầu tiên …	As	Khi, bởi vì …
Besides …	Bên cạnh đó …	This helps me	Điều này giúp tôi …
Moreover …	Hơn nữa …	Therefore	Do đó
That's why …	Đó là lí do vì sao …	Hence	Do đó

LIVEWORKSHEETS

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LIVEWORKSHEETS

Name: ……...

Class: S5…

Ngày giao bài: Thứ…..., ngày…./….

Ngày nộp bài: Thứ…., ngày…./….

Vocabulary & Grammar:……...

Reading:……..

Mini Test:……

GLOBAL ENGLISH 5

THE POWER OF SPORTS - VOCABULARY & WRITING

A. VOCABULARY

❖ **Sports**

No.	New word	Meaning	No.	New word	Meaning
1	**teamwork** (n)	tinh thần đồng đội, sự chung sức	7	**grow taller** (phr)	phát triển cao lớn hơn
2	**stay fit** (phr)	giữ dáng	8	**improve endurance** (phr)	cải thiện sức chịu đựng
3	**feel confident** (phr)	cảm thấy tự tin	9	**build strength** (phr)	xây dựng sức mạnh
4	**feel relaxed** (phr)	cảm thấy thư giãn	10	**compete in tournaments** (phr)	tham gia thi đấu trong các giải đấu
5	**reduce stress** (phr)	giảm căng thẳng	11	**stay active** (phr)	duy trì hoạt động, giữ cơ thể năng động
6	**keep healthy** (phr)	giữ gìn sức khỏe			

❖ **Extra vocabulary**

No.	New word	Meaning	No.	New word	Meaning
1	**passionate** (adj)	đam mê, say mê	3	**accident** (n)	tai nạn
2	**compete** (v)	cạnh tranh, thi đấu	4	**cure** (v)	chữa trị, điều trị

* ***Note:*** *v = verb:động từ; n = noun: danh từ; phr = phrase, cụm từ; adj = adjective: tính từ.*

Con học thuộc nghĩa của từ, chỉnh phát âm theo từ điển và chép mỗi từ **1 dòng vào vở ghi.*

B. HOMEWORK

I. Choose the correct answer.

0. I really enjoy _____ with my friends.
   A. teamwork (B.) staying active C. grow taller
1. They _____ strength by lifting weights for months.
   A. build B. has built C. have built
2. I _____ stress by practicing meditation every morning.
   A. have reduced B. has reduced C. have reduce
3. _____ you ever _____ active by playing football every weekend?
   A. Have / stay B. Have / stayed C. Has / stayed
4. He has _____ endurance by running daily.
   A. improve B. improved C. improving
5. She _____ grew taller after a few months.
   A. slight B. light C. slightly

LIVEWORKSHEETS

II. Read and write True or False.

To keep healthy, it's important to stay active every day. Regular exercise can help you improve endurance and give you the ability to perform activities for a longer time without getting tired. Many people enjoy going to the gym or playing sports because it helps them build strength and increase their muscles. If you're passionate about sports, you can even compete in tournaments where you challenge other people and test your skills. Whether you like running, swimming, or playing football, it's important to stay active and make physical activity a regular part of your life to maintain good health.

0. Staying active every day is important to keep healthy.	*True*
1. Playing sports can help you improve endurance.	_____
2. Going to the gym or playing sports doesn't help build strength.	_____
3. If you're passionate about sports, you can even compete in tournaments.	_____
4. It's important to stay active and make physical activity a regular part of your life to maintain good health.	_____

III. Tick ✓ if the sentence is correct, cross ✖ if the sentence is wrong.

0. She is a beautiful tall young Chinese woman. ☑

1. There are five purple round leather balls on the table. ☐
2. They hate those two big scary dogs. ☐
3. That restaurant has delicious small round Italian cakes. ☐
4. He wants to buy a little old Japanese cup. ☐
5. It is made of a green strange soft material. ☐

IV. Write the correct letter. There is one answer you do not need.

~~*A. I highly recommend*~~	E. Cinnamon smells really good
B. The weather is extremely hot	F. The sky is incredibly bright
C. He whistled very well	G. This medicine can really cure your headache
D. I can blink very quickly	

0. ____A____ you try staying in that hotel.

1. _____, so my mother often uses it for cooking.
2. _____, so we should wear sunglasses to go outside.
3. _____, so we can have a trip to the beach today.
4. _____ until my eyes are tired.
5. _____, so you have to take them more often.

LIVEWORKSHEETS

Part 2

Questions 7–13

For each question, choose the correct answer.

		Paul	Mark	Samuel
7	Who started dancing before he had lessons?	A	B	C
8	Who didn't start dancing because of a family member?	A	B	C
9	Who didn't enjoy dancing at first?	A	B	C
10	Who already has a successful career as a dancer?	A	B	C
11	Who couldn't continue dancing because he had a problem?	A	B	C
12	Who studied two kinds of dance?	A	B	C
13	Who stopped doing a sport when he started dancing?	A	B	C

LIVEWORKSHEETS

A love of dancing

Paul



My mum was a **professional** dancer, and I had my first ballet lesson when I was six. I hated it and never went again. Mum was **disappointed**, but then she suggested that I should try modern dance. It was a brilliant idea. I loved it. When I left school, I joined a modern dance company. Unfortunately, a few years later I had a bad accident. Now my right leg isn't strong enough for me to dance, but I'm **training** to be a dance teacher.

Mark



My love for dance began when I was four. My big sister took ballet lessons, and when she practised at home, I watched and copied her. I asked my mum and dad if I could have ballet lessons too. They were surprised, but they agreed. Soon I was better than my sister. I studied ballet and modern dance, and when I left school I was offered a place in a modern dance company. One day I want to be a star and dance in **musicals**.

Samuel



I became interested in dance when one of my friends started going to modern dance lessons. As a joke, I went to a class with him one day. To my surprise, I enjoyed it and the teacher said I was good. I started going to class three times a week, so I didn't have time for football anymore. Some people at school laughed at me. They aren't laughing now. I am a dancer with a famous dance company. Dance is my life.

LIVEWORKSHEETS