

TA11. Unit 1. A long and healthy life. Vocabulary TEST

Choose the best answer.

1. She was prescribed an _____ for her bacterial _____.
A) illness / recipe
B) antibiotic / infection
C) energy / balanced
D) spread / properly
2. Following the _____ precisely is crucial for the experiment's success.
A) virus / life expectancy
B) ingredient / recipe
C) treatment / strength
D) bacteria / nutrient
3. Regular exercise helps improve cardiovascular _____ and build muscle _____.
A) examination / illness
B) fitness / strength
C) diameter / nutrient
D) press-up / infection
4. A _____ diet includes a variety of _____ to support overall health.
A) balanced / illness
B) life expectancy / energy
C) germ / recipe
D) nutrient / nutrients
5. To stay healthy, she decided to _____ on sugary drinks.
A) cut down on
B) work out
C) give up
D) spread
6. The _____ of the planet was measured by scientists.
A) infection
B) life expectancy
C) diameter
D) food poisoning

7. His _____ improved significantly after starting a new fitness regimen.
- A) spread
 - B) regular
 - C) strength
 - D) examination
8. Wash your hands thoroughly to prevent the _____ of harmful _____.
- A) treatment / bacteria
 - B) virus / energy
 - C) disease / properly
 - D) spread / germs
9. He developed a severe _____ after contracting a rare _____.
- A) balanced / life expectancy
 - B) illness / virus
 - C) nutrient / infection
 - D) press-up / recipe
10. The _____ responsible for the outbreak was identified through lab tests.
- A) life expectancy
 - B) bacteria
 - C) workout
 - D) strength
11. People with good _____ tend to recover faster from illnesses.
- A) treatment
 - B) fitness
 - C) cut down on
 - D) spread
12. The _____ of a healthy immune system is crucial for fighting off infections.
- A) energy / properly
 - B) germ / recipe
 - C) strength / organism
 - D) ingredient / illness
13. She completed 50 _____ during her morning routine.
- A) spread
 - B) virus
 - C) press-ups

D) life expectancy

14. Engaging in a _____ jump exercise can boost your overall _____.

A) star / balanced

B) treatment / energy

C) virus / strength

D) recipe / nutrient

15. The doctor will _____ you to determine the cause of your _____.

A) examine / infection

B) properly / life expectancy

C) cut down on / disease

D) work out / strength

16. It's important not to _____ on your health goals, despite challenges.

A) give up

B) diameter

C) nutrient

D) bacteria

17. _____ is a contagious respiratory disease.

A) Tuberculosis

B) Press-up

C) Spread

D) Regular

18. Eating a _____ diet and getting _____ exercise are key to a healthy lifestyle.

A) recipe / balanced

B) strength / virus

C) nutrient / infection

D) life expectancy / properly

19. Symptoms of _____ may include fever and stomach cramps.

A) energy

B) food poisoning

C) examination

D) bacteria

20. The new _____ is proving effective in treating the _____ outbreak.

A) strength / illness

B) spread / virus

C) workout / recipe

D) treatment / infection

Ms. Minh Hà - 0982194748 - Hai Bà Trưng - Hanoi