# TA11. Unit 1. A long and healthy life. Vocabulary 1

**Fill in the blanks with the correct words from the list provided.**

1. The doctor prescribed an _____ to treat the bacterial _____.
2. It is important to follow the _____ step by step to ensure the dish turns out well.
3. To improve your overall _____ and build _____ strength, you should _____ regularly.
4. A balanced diet includes all essential _____ to keep your body healthy.
5. She decided to _____ on junk food to lose weight.
6. The _____ of the circle was measured to be 10 centimeters.
7. Her _____ increased when she started eating healthy and exercising.
8. To avoid the _____ of germs, make sure to wash your hands _____.
9. He caught a _____ after being exposed to the flu _____.
10. The _____ causing the illness was identified under a microscope.
11. People with higher _____ tend to live longer, healthier lives.
12. The _____ of a strong _____ system is essential for physical performance.
13. She performed 30 _____ as part of her morning workout.
14. A single _____ jump can burn a significant amount of _____.
15. The doctor will _____ you now to determine the cause of your _____.
16. It's important to not _____ on your goals, even when facing difficulties.
17. _____ is a serious disease that affects the lungs.
18. Eating _____ meals and getting _____ exercise can improve your health.
19. Symptoms of _____ poisoning include nausea and vomiting.
20. The new _____ to treat the _____ is proving to be very effective.

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LIVEWORKSHEETS