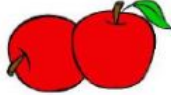


# Food healthy habits

1. Look the picture and label.



2. Choose the correct word to complete the sentences



You shouldn't eat

\_\_\_\_\_

before lunch.



You should eat

\_\_\_\_\_ for

breakfast



I don't like to eat

\_\_\_\_\_

dinner.



You shouldn't eat too much junk food like \_\_\_\_\_

\_\_\_\_\_.

3. Complete the sentences. Drag and drop

Breakfast

Meals

Dinner

lunch

- a) \_\_\_\_\_ is the most important meal of the day.
- b) You should eat a balanced plate for \_\_\_\_\_
- c) It is important not to eat a lot of food in the \_\_\_\_\_
- d) You should eat three \_\_\_\_\_ a day

4. Count and answer

How many ..... are there?

