

LOOK ON THE BRIGHT SIDE

Read the text and choose the correct word.

Do you (0)_____ wish you were more optimistic, someone who always (1)_____ to be successful? Having someone around who always (2)_____ the worst isn't really a lot of (3)_____ - we all know someone who sees a single cloud on a sunny day and says, "It looks (4)_____ rain." But if you catch yourself thinking such things. It's important to do something (5)_____ it.

You can change your view of life, (6)_____ to psychologists, it only takes a little effort, and you'll find life more rewarding as a (7)_____. Optimism, they say, is partly about self-respect and confidence but it's also a more positive way of looking at life and all it has to (8)_____. Optimists are more (9)_____ to start new projects and are generally more prepared to take risks.

Upbringing is obviously very important in forming your (10)_____ to the world. Some people are brought up to (11)_____ too much on others and grow up forever blaming other people when anything (12)_____ wrong. Most optimists, on the (13)_____ hand, have been brought up not to (14)_____ failure as the end of the world - they just (15)_____ with their lives.

