

# Reading activity

## What's joy?



1. Read this text and then, answer the following questions.

Joy is a deep feeling of happiness that comes from within. Unlike short moments of fun, joy can last longer and doesn't always depend on outside events. People may feel joy when spending time with loved ones, helping others, or achieving something important. Joy often brings a sense of peace and makes life feel meaningful. It can be found even in small things, like a kind word or a beautiful sunset.



# Reading comprehension



2. Now, answer the questions according to the text information.

- What is the main idea of the text?

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- How is joy different from short moments of fun?

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- Name two situations that can bring joy, according to the text.

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- What are two feelings that joy can bring?

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- Can joy come from small things? Give an example from the text.

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Don't  
worry, be  
happy!

LIVEWORKSHEETS

