Learn Seek & Destroy (S&D) Profile in ICT Trading

The **Seek & Destroy (S&D) profile** is a common **daily market behavior** in the **ICT trading strategy**, often observed on days with **unclear price movements and market consolidation**.

Daily Profile Seek & Destroy in ICT Trading

This profile in **ICT Style** helps traders **identify periods of market uncertainty** and avoid unnecessary trades. It is also referred to as **S&D** and is used to analyze market conditions and price action patterns.

What is the Seek & Destroy (S&D) Profile?

The **S&D profile** appears on daily charts as an **Indecision Candle**, indicating that **price action lacks clear direction** throughout the day.

In such cases, the **opening and closing prices are relatively close**, signaling market **indecision**.

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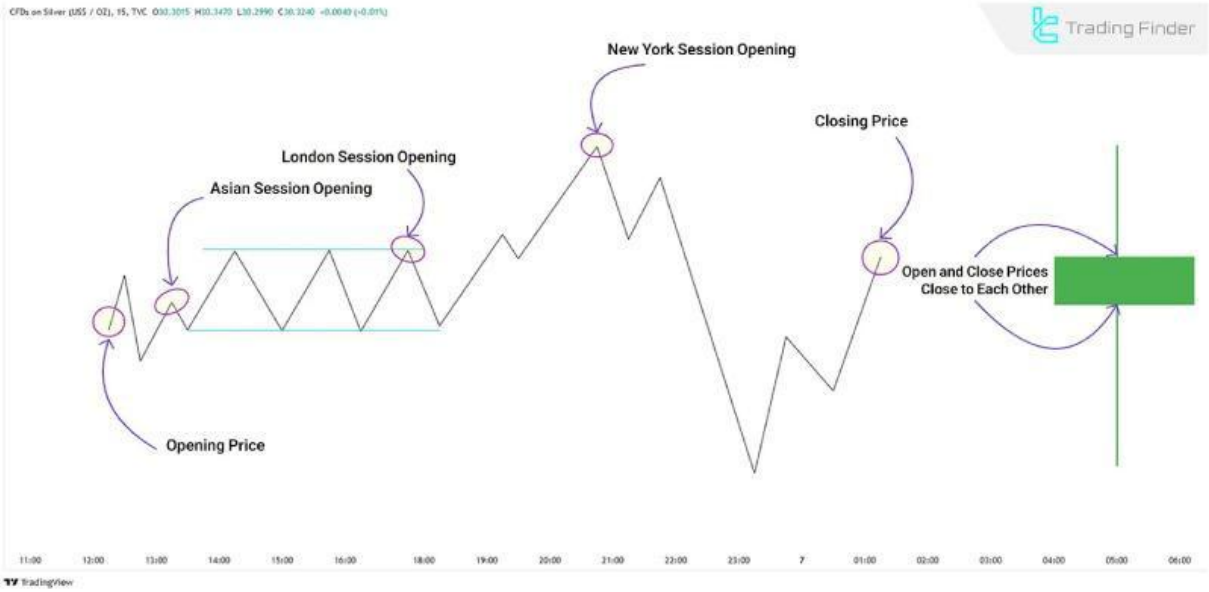
Indecision Candle Formation in Seek & Destroy ICT Strategy

Key Features of the S&D Profile on Lower Timeframes:

- At the beginning of the day, the market has no clear direction or **daily bias**.
- The London session **moves price** in one direction, but the move is reversed later
- Even when price **breaks out**, it tends to return to the previous range



Unclear price action in the Seek & Destroy profile on lower timeframes

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Why and When Does the Seek & Destroy (S&D) Profile Occur?

The **S&D profile** commonly appears under these conditions:

- **Waiting for Major Economic News**: The market may remain uncertain before critical news releases such as **CPI, FOMC decisions, or NFP reports;**
- **Lack of Higher Timeframe Direction**: Daily or higher timeframe charts may **lack clear trends**, leading to **random price movements on lower timeframes**.

How to Identify the S&D Profile?

To detect this profile, analyze key **trading sessions Kill Zones**:

- **Asia Session**: Usually sets the **initial price range** for the day;
- **London Session**: In S&D profiles, **price sweeps both sides** of the Asian range but fails to establish a trend;
- **New York Session**: Price continues to **range** and returns to the initial **consolidation zone**.

How to Identify the Seek & Destroy Pattern in ICT Strategy

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How to Trade the Seek & Destroy (S&D) Profile?

Follow these steps to trade the **S&D price action** in daily profiles:

1. **Focus on Reversion to the Range:** Instead of trading breakout movements, **identify trade setups where price returns inside the initial range;**
2. **Identify Premium & Discount Levels:** Use the **London session** range to mark **equilibrium zones**. Look for **entries when price returns inside these zones;**
3. **Use Daily Range for Confirmation:** Identify the **opening and closing prices** for the daily range. If price breaks out, **expect a reversion to the mean**.

Risks of Trading the Seek & Destroy (S&D) Profile

The Risks of This Trading Style Include the Following:

- **This profile often leads to choppy, aimless price action**, increasing the risk of failed trades.
- **The market tends to range**, reducing the probability of profitable setups.
- **If the London session forms a key range, the probability of a strong New York move decreases**.

Conclusion

The **Seek & Destroy (S&D) Profile** is a **complex market behavior** in **ICT trading** that represents **uncertainty and price indecision**.

Due to **lack of trend direction**, traders are advised to **avoid high-risk trades**, as **random price movements** can trigger stop losses and lead to **unnecessary losses**.

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source:

1.our website link :
https://tradingfinder.com/education/forex/ict-seek-destroy/

2.all Education :
https://tradingfinder.com/education/forex/

3.TradingFinder Support Team (Telgram):
https://t.me/TFLABS

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