



MANURAJ

PUBLIC SCHOOL

NAME: _____

Class- 4th
UNIT TEST – 1
SCIENCE

Total Marks: 20

Q1. Click the correct options:-

- A) Which food preservation process preserves food by removing the water present in it?
1. Drying 2. Refrigeration 3. Proteins
- B) A diet that provides all the nutrients in right amount is called _____.
1. Diet 2. Roughage 3. Balanced diet
- C) _____ is the first help given to an injured person before, the doctor arrives.
1. Medical help 2. First aid 3. Bandage
- D) Crack or break in a bone is called _____.
1. Fracture 2. Dislocate 3. Burn
- E) Which of the following protects your head from injury?
1. Headgear 2. Sunglasses 3. Helmet

Q2. Fill in the blanks:-

1. We should ride bicycles on the _____ side of the road.
2. A person whom you do not know is _____.
3. _____ should be cooked properly.
4. Always wear _____ while driving a car.
5. For burns, run _____ water over the affected area.

Q3. Answer in one word:-

1. This nutrient keeps our body warm. _____
2. This mineral is needed to makes bones and teeth strong. _____
3. This person teases, kicks or pulls clothes of other _____

4. This kind of touch comes from people we love. _____

5. This is applied on burnt area after washing it with cold running tap water.

Q4. Answer the following questions:-

1. Name the main types of nutrients present in the food?

Ans.

2. How should you cross a busy road?

Ans.

3. The process of protecting the food from spoiling is called?

Ans.

4. Define diet?

Ans.

5. The food items rich in carbohydrates and fats are called?

Ans.