

208 - Rutinas con Phrasal Verbs

- A. Complete the text using the words from the box. Completa el texto usando las palabras del recuadro (fíjate en el ejemplo).

**take off - eat out - sit down - get into - wake up -
turn off - put down - pick up - slow down - turn on**

A Day in My Life. Un Día En Mi Vida

I wake up at 7:00 AM when my alarm rings. I stretch, get out of bed, and put on my favourite blue hoodie. Still feeling sleepy, I _____ the coffee machine while I check my phone.

After breakfast, I grab my backpack and _____ my car. On the way to work, I turn up the music and drive a little fast, but I _____ when I approach a busy intersection. When I arrive, I get out of the car and walk into the office.

At work, I _____ at my desk and start checking emails. Then, I always write down the key points of different projects in my notebook. Later, I _____ my laptop and head to the meeting room.

At lunchtime, my coworkers and I decide to _____. After eating, we return to the office, and I _____ my phone to focus on finishing my reports.

Finally, after a long day, I _____ my computer, say goodbye, and get into my car. When I get home, I _____ my shoes, relax, and enjoy the rest of the evening.

B. Match each phrasal verb to the right translation. Une cada verbo compuesto con la traducción correcta (fíjate en el ejemplo).

1. Get into		Salir
2. Write down		Recoger
3. Get out (of)		Comer fuera
4. Turn on		Anotar
5. Eat out		Encender
6. Pick up	1	Entrar

c. Put the routine in order. Use numbers 1–8 to show the correct sequence. Ordena la rutina. Usa los números del 1 al 8 para mostrar la secuencia correcta (sigue el ejemplo).

	<i>I turn on the coffee machine. Enciendo la cafetera.</i>
	<i>I sit down at my desk. Me siento en mi escritorio.</i>
	<i>I pick up my laptop. Recojo mi laptop.</i>
	<i>I take off my shoes. Me quito los zapatos.</i>
	<i>I get out of the car. Salgo del auto.</i>
	<i>I turn off my computer. Apago mi computadora.</i>
1	<i>I wake up at 7:00 AM. Me despierto a las 7:00 AM.</i>
	<i>I put down my phone. Dejo mi teléfono.</i>

Tip: ¡Fíjate en el texto para ayudarte a ordenar las acciones!