

PASSAGE 17

Tra ID Đề [5676] - Tra ID Video [5677]

If you are invited to an American friend's home for dinner, remember these general rules for polite behaviour. First, (1) _____. Americans expect promptness. It will be all right to be 10 or 15 minutes late but not 45 minutes late. Dinner might be over-cooked and ruined by then. When you are (2) _____, it is polite to bring a small gift. Flowers or candy are always appropriate. If you (3) _____, your host or hostess will certainly enjoy receiving that gift. What will you do if you are served some food that you cannot eat or you do not like? Do not make a fuss about it. Simply eat what you can and hope that no one notices it. Be sure to compliment the cook on the food that you are enjoying. Do not leave immediately after dinner, but do not (4) _____. The next day, call or write a thank-you note to say how much you enjoyed the evening.

- A. invited to someone's home for a meal
- B. arrive approximately on time but not early
- C. have an attractive thing made in your native country
- D. overstay your welcome, either

Question 1: _____ Question 2: _____ Question 3: _____ Question 4: _____

PASSAGE 18

Tra ID Đề [5678] - Tra ID Video [5679]

How often have you had a headache in the last twelve months? How many times have you got angry? If your answer to three or more of these questions is 'too often', you are probably suffering from stress. And if you are suffering from stress, (1) _____. Over half of the adult population has had stress-related symptoms in the last year and many of them have needed help of some kind. (2) _____. Stress, itself, is not an illness, but it can certainly contribute to illnesses,

some of them serious. When you feel under stress, (3) _____. As a result, the body needs more oxygen and your heart rate and blood pressure go up. At its most serious, this can lead to heart problems, but stress is also related to weight problems, coughs and colds. (4) _____. If you think you, too, are suffering from stress, it's important to know if it is causing you health problems. If it is, see your doctor and talk about it.

- A. your body produces more of the hormones adrenaline and cortisol
- B. Stress is now the major health problem of our times
- C. Scientists have also discovered that stress can lead to the loss of brain cells.
- D. you are not alone

Question 1: _____ Question 2: _____ Question 3: _____ Question 4: _____