

1 Read and write *True* or *False*.

I love fruit and vegetables and I have five portions a day.  
 Here's a typical day for me:  
 I have bread, yogurt and orange juice for breakfast.  
 I don't like cereal. I have chicken with vegetables and an  
 apple for lunch. I don't like meat but chicken is OK.  
 In the afternoon, I have a banana and a glass of milk.  
 I have spaghetti for dinner, with more vegetables!  
 I love broccoli!



- 1 I have two portions of fruit and vegetables a day. \_\_\_\_\_
- 2 I have cereal for breakfast. \_\_\_\_\_
- 3 I like chicken. \_\_\_\_\_
- 4 I have a drink and some fruit for a snack. \_\_\_\_\_
- 5 I like broccoli for dinner. \_\_\_\_\_

## 2 Read and match.

1 What do you have  
for dinner?

Yes, I do. I love  
carrot cake!



2 Do you like carrots?

Yes. I have strawberries  
at five o'clock.



3 Do you have a snack  
in the afternoon?

Yuck. No, I don't.



4 Do you like spinach?

I have soup and  
bread for dinner.

