

Previous Session High (PSH) and Previous Session Low (PSL) in ICT and SMC

The **Previous Session High (PSH)** and **Previous Session Low (PSL)** are critical levels used in **ICT style (Inner Circle Trader)** and **Smart Money Concepts (SMC)** to identify **key support and resistance zones** in trading.



Previous Session High (PSH) and Previous Session Low (PSL) in ICT

These levels help traders predict market movements and structure their trades accordingly.

What Are PSH and PSL?

The **Previous Session High (PSH)** refers to the highest price recorded during the last trading session, while the **Previous Session Low (PSL)** represents the lowest price from the same session.

These levels act as **resistance and support**, helping traders anticipate price reactions and determine potential **breakouts or reversals** in the market.

How to Trade Using the Previous Session High (PSH)?

There are three effective ways to utilize **PSH** in trading:

Resistance Level

If the price approaches the **Previous Session High (PSH)** but fails to break above it, this level acts as a **resistance**.

It may form structures like a **Fair Value Gap (FVG)** or an **Order Block (OB)**. In this case, traders can enter **sell positions**.



Breakout Strategy

If the price **breaks above PSH** in the current session, it signals **bullish continuation** and can act as a **support level or a breaker block**. Traders can use this breakout to **enter buy orders**.



Price Action After Breaking the Previous Session High (PSH)

Trend Confirmation

A **successful PSH breakout** is often an indicator of **market strength**, confirming a bullish trend. Traders can use this confirmation alongside other **bullish signals** for trade validation.

How to Use the Previous Session Low (PSL)?

There are **three** main ways to apply **PSL** in trading:

Support Level

If the price approaches the **Previous Session Low (PSL)** but fails to break below it, this level acts as a **support**. Traders can look for **buy opportunities** in this scenario.



How Price Reacts to the Previous Session Low (PSL)

Breakdown Strategy

If the price **breaks below PSL**, it signals **bearish continuation** and the level may turn into **resistance**. Traders can use this breakdown to **enter sell positions**.



Price Action After Breaking the Previous Session Low (PSL)

Trend Confirmation

A **PSL breakout** often indicates **market weakness** and confirms a bearish trend. Traders can use this as confirmation for **bearish trade setups**.

Conclusion

The **Previous Session High (PSH)** and **Previous Session Low (PSL)** serve as **key support and resistance levels** that help traders anticipate price movements.

These levels allow traders to **analyze market behavior**, identify **entry and exit points**, and determine **trend direction**.

A price reaction at these levels can signal **trend continuation or potential reversal**, making them valuable tools in ICT and SMC trading strategies.

source:

1.our website link :

<https://tradingfinder.com/education/forex/ict-psh-psl/>

2.all Education :

<https://tradingfinder.com/education/forex/>



[TradingFinder](#)



[Educational link](#)



[TradingFinder](#)



[tradingfindercom](#)