

I. Choose the correct options to complete the sentences

- 1 I banged my foot in my fitness class and hurt my toe / finger.
 - 2 Kasim was playing football yesterday when he hurt his ankle / blood.
 - 3 She cut herself on a piece of glass and lost a lot of blood / brain.
 - 4 I've had a bad cold for days and now my left ear / brain hurts, and I can't hear very well.
 - 5 I was sitting at my desk studying all day and now my ankle / neck is sore.
 - 6 'Right! So, you say your mouth hurts. Stick out your tongue / ear please.'
 - 7 I've just run for 30 minutes and my stomach / heart is beating really fast.
 - 8 Mum always wears her wedding ring on the fourth finger / toe of her left hand.
 - 9 Scientists believe that the right side of the heart / brain is more creative.
 - 10 I think I ate too much, my thumb / stomach feels very full.

II. Match the words in the box to the definitions.

angry	confident	embarrassed	friendly
lonely	lazy	surprised	
unhappy	upset	worried	

- 1 make no effort to do something lazy
 - 2 believe you can do anything
 - 3 feel shy or ashamed
 - 4 feel sad because you are alone
 - 5 think about negative things that might happen
 - 6 an unexpected feeling
 - 7 be helpful and kind to other people
 - 8 not pleased with a situation
 - 9 to want to shout at someone when they do something you dislike
 - 10 feel sad and unhappy

III. Choose the right word to complete the sentences.

- 1 Right! Now tell me exactly where you hurt ***yourself/ myself***?
 - 2 Is that man talking on the phone or talking to ***herself/himself***?
 - 3 She's only ten, she can't go to the shop by ***herself/ itself***.
 - 4 It's lovely to see them all enjoying ***themselves/ yourselves***.
 - 5 Look at the dog over there enjoying ***itself/himself*** in the water.
 - 6 It will be much easier if everyone just helps ***themselves/herself*** to food.

IV. Complete the sentences with the words from the box.

Herself himself itself myself ourselves themselves yourself
yourselves

- 1 We always enjoy _____ when we go on holiday.
2 Wow Maria! Did you really do all this by _____?

- 3 I hurt _____ again yesterday when I fell off my bicycle.
- 4 My brothers aren't old enough to go out by_____
- 5 Come in everyone and help _____ pizza and juice.
- 6 Mum cut _____ a sandwich.
- 7 Dad often sings to _____ thinks no one can hear. to while she was making when he
- 8 Our cat usually washes _____ in the garden when it's sunny.