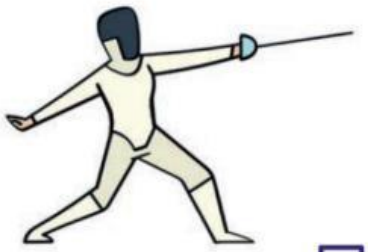
Listening: time for sport

1 09 Listen. Who suggests the sport? Write *A* (Alex) or *H* (Holly).

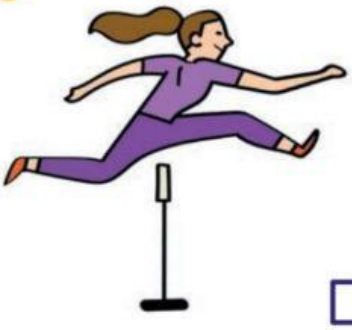
1 

2 

A

3 

4 

5 

6 

2 10 Listen and complete Sophie's training schedule with the sports and times.

5.00 p.m.

Day	Sport	Time
Monday	swimming	5 p.m.
Tuesday		
Wednesday		
Thursday		



LIVEWORKSHEETS

Speaking 4

1 Work with a friend. Read about the sports centre. Then choose your questions and ask and answer.

The Extreme Sports Centre

Are you good at sports? Would you like to try a new one? At the Extreme Sports Centre, you can do sporting activities while having an exciting time!

Try these sports:

climbing
bungee jumping
skateboarding
BMX biking

Price:

£5 for one hour
£9 for two hours
£12 for three hours

Our opening times are:

Tuesday to Friday: 4 p.m. to 8 p.m.
Saturday and Sunday: 11 a.m. to 8 p.m.



Student A

- What sports can you do at the centre?
- Is the sports centre open on Mondays?

Student B

- How much does it cost?
- Can you go there at the weekend?

Help with Speaking

When you and a friend have to choose something, you have to try to agree. Make suggestions, and listen to your friend's ideas. Don't forget to respond with, for example, *Good idea!*, *That sounds great!*, *I'm not sure …*, *I don't think …*, etc.

2 **With your friend, choose one extreme sport to try. Agree on:**

- the sport
- the day and time to try it
- how long you would like to do the sport.

We could try bungee jumping.

I'm not sure. I'm afraid of jumping. What about BMX biking?

Good idea! We could go on Sunday at 11.30.

OK! And we could try it for one hour.

3 **Work with another friend. Tell them about your plans from Activity 2.**

Grace and I are going to try BMX biking at the Extreme Sports Centre. We're going on Sunday at 11.30. We're going for one hour.

LIVEWORKSHEETS