

VOCABULARY

food and health

1 Complete the words in the sentences.

- 1 I usually have a bowl of c..... for breakfast in the morning.
- 2 When he gets home from school, Joe always has a drink and a b.....
- 3 My favourite meal is b..... and chips.
- 4 I never eat o..... because I don't like eggs.
- 5 My uncle's Italian and he cooks the best p..... dishes!

2 Look at the pictures. Complete the sentences with the correct form of these verbs.

bake barbecue boil fry grill roast



- 1 Noah some bread at school yesterday.



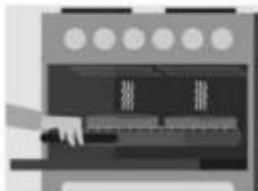
- 2 Can you some water for the vegetables, please?



- 3 My dad enjoys in the summer.



- 4 Mum's in the kitchen. She a chicken for dinner.



- 5 We always our meat. It's healthier that way.



- 6 I the chicken for the salad this morning.

3 9.3 Listen and complete the sentences.

- 1 If I don't have, I'm really hungry by ten o'clock.
- 2 I usually eat for breakfast.
- 3 Why don't you get?
- 4 If you do, you'll feel better.
- 5 Do you want to go, Sophie?
- 6 You need to find, too.

4 Choose the correct words to complete the conversations.

- 1 A: Are you OK? Your eyes and nose are red!
B: No, I'm not. I've got a **stomach ache** / **cold**. I feel terrible!
- 2 A: Do you want some of this chocolate cake?
B: I can't. I've got really bad **toothache** / **headache** and it hurts when I eat.
- 3 A: I can't believe you ate two burgers!
B: Never again! I've got **stomach ache** / **a cold** now.
- 4 A: Have I got a **temperature** / **toothache**?
B: Yes, it's 39°C. You're very hot. I'll give you some medicine.
- 5 A: Why don't you want to go on the ferry?
B: Boat journeys make me feel **stomach ache** / **sick**!
- 6 A: Why have you got your eyes closed?
B: I've got a bad **headache** / **stomach ache** and the light makes it feel worse.

5 9.4 Listen to conversations 1–3 from Ex 4. Practise the conversations.

6 9.5 Listen, speak and record. Listen back and compare.

Extend

7 Match these words with their meanings (1–5).

butter chilli garlic honey toast

- 1 a yellow food that you put on bread or use in cooking:
- 2 something sweet that bees make:
- 3 grilled bread:
- 4 a small thin red or green vegetable with a very hot taste:
- 5 a small white vegetable like an onion with a very strong smell: