



PENIEL INTEGRATED CHRISTIAN ACADEMY OF RIZAL, INC.

"If any of you lack wisdom, let him ask of God, that giveth to all men liberally, and upbraideth not; and it

shall be given him." James 1:5 KJV
QUARTER EXAMINATION

FIRST

NAME:		DATE:
SUBJECT: MAPEH	LEVEL: 6	SCORE: /60

General Directions: Read each statement carefully before answering. Avoid unnecessary erasures.

MUSIC

I. Direction: Encircle the letter of the correct answer.

1. It is a symbol used to designate when to pause and stop playing.
a. Notes b. Meter c. Rests
2. It is the length of time of a note or rest.
a. beat b. meter c. duration
3. It is called a "strong beat."
a. unaccented beat b. down beat c. accented beat
4. It has two numbers, one on top of the other.
a. duration b. beat patterns c. time signature
5. These are musical symbols used to designate when to pause and stop playing.
a. notes b. rests c. accents
6. It is the art of directing a musical performance by way of visible gestures.
a. waving b. hand shaking c. conducting
7. This picture below is an example for four beats in a measure.



- a. Duple Meter b. Triple Meter c. Quadruple Meter

8. What is the value of a whole note?

- a. 2
- b. 4
- c. 3

9. The first beat is accented and the next three beats are unaccented.

- a. duple meter
- b. triple meter
- c. quadruple meter

10. It is called "weak-sounding beat"

- a. unaccented beat
- b. down beat
- c. accented beat

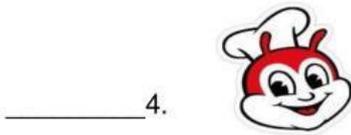
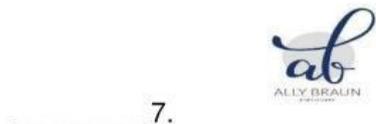
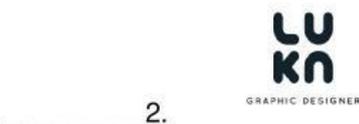
II. Direction: Write the value of the given note. III. Direction: Write the value of the given rest.

- _____ 1. Half note
- _____ 2. Whole note
- _____ 3. Quarter note
- _____ 4. Eighth note
- _____ 5. Sixteenth note

- _____ 1. Half rest
- _____ 2. Sixteenth rest
- _____ 3. Whole rest
- _____ 4. Eighth rest
- _____ 5. Quarter rest

ARTS

I. Direction: Write P if the logo is personal and C if it is a corporate logo. Write your answer in the space provided.



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II. **Direction: MODIFIED TRUE OR FALSE. Write TRUE if the statement is correct, and if it is FALSE change the underlined word. (2POINTS)**

1. A PERSONAL LOGO is a unique mark that identifies a firm distinctly. It is a powerful tool that enables people to associate a service with the logo.
ANSWER: _____
2. A CORPORATE LOGO is a personal graphic symbol that represents a personal brand service.
ANSWER: _____
3. A logo's design should be SIMPLE enough for people's easy recognition.
ANSWER: _____
4. The logo must use CONTRASTING ELEMENTS like color, shape, and size to make it more interesting to the public.
ANSWER: _____
5. Logos can be classified into two categories CORPORATE LOGO AND PERSONAL LOGO.
ANSWER: _____

PHYSICAL EDUCATION

Directions: Complete the following statements by identifying the missing words. Write your answer on the space provided.

1. _____ is the ability of the human body to change direction in a specific movement, with the greatest possible efficiency.
2. _____ are strategic activities in which players send an object toward a target.
3. _____ is the maximum frequency at which it is possible for an individual to cover a distance or to make a movement in a specific period.
4. _____ is a sport or skill of shooting a target with a bow and arrows.
- 5-6. It is important to train at a level that you are _____ of doing as it prevents you from getting _____.
7. _____ that challenge your speed and agility are specifically designed to develop your legs and core muscles, as well as the tendons in your body.
8. _____ is a sport that involves hitting plastic or wooden balls with a mallet through hoops scattered in fields utilized as a playing court.
9. 7 days without _____ makes one weak.
10. _____ is a game played on a large open-air course. The player is supposed to shoot balls in nine or 18 holes in as fewest trials as possible.

HEALTH

I. **Direction: Write T if the statement is True and F if otherwise.**

- _____ 1. Monitoring height and weight is important to one's health.
- _____ 2. BMI means Body Mass Index.
- _____ 3. The eyes are the organs used for hearing.
- _____ 4. Normal weight means that the weight is in the healthy range based on the person's age, sex, and height.
- _____ 5. Scabies is caused by a fungal skin infection called "tinea."

II. **Directions: Identity what is being asked on the following question.**

6-7. Give at least 2 skin problems. (2 points)

8-10. Give at least 3 oral and dental problems. (3 points)