ORDERING PRACTICE

Four phrases/ sentences have been removed from the text below. For each question, mark the letter A, B, C, or D on your answer sheet to indicate the correct option that best fits each of the numbered blanks from 37 to 40.

When I was at school, I had to learn how to have a well-balanced life (**37**) _____. Below are some of the typical things I did.

Firstly, I managed my time properly. I started to plan my schedule, made a weekly work list and gave priority to some of my work. (**38**) _____.

In addition, I communicated with my family, friends, and teachers about my busy schedule and problems, so they would offer me additional support.

I also took breaks appropriately because they helped me keep away from stress and anxiety, and gave my brain a rest and improved my mood.

(**39**) _____. I got at least eight hours of sleep a day. I played football with my classmates twice a week and went for a walk with my grandparents early every morning.

Besides, I also tried to follow a healthy diet. I ate a lot of fruit and vegetables. I ate little fattening foods and (**40**) _____.

A. avoided junk foods like chips, cookies, pizza, etc.
B. in order to reduce stress and anxiety
C. Finally, I looked after my physical health.
D. This helped me concentrate my efforts on my most important tasks.

Question 37. _____ **Question 38.** _____
Question 39. _____ **Question 40.** _____

England's traditions have been around for hundreds, even thousands of years. English cuisine is among the deep-rooted traditions that English people are proud to keep alive.

Typical English cuisine has developed over many centuries, and people say that fish and chips is the most English dish of all. (37) _____. The earliest fish and chip shop opened in London during the 1860s. Since then people have considered fish and chips to be England's national dish, and it is now a common takeaway in the United Kingdom.

(38) _____. People in different places may add peas, vinegar, lemon, or ketchup. Fish and chips is served hot as the main dish in England. (39) _____ in fish and chips, it is healthier than other takeaway dishes.

Now there are fish and chip shops in many countries, and it is becoming more and more popular in other countries too. (40) _____ is the way English people keep themselves associated with the past.

A. The basic ingredients of the dish are fried fish served with chips
B. Preserving and promoting fish and chips
C. Although there is oil and carbohydrates
D. It is believed that fish and chips appeared in England in the 19th century.

Question 37. _____ **Question 38.** _____
Question 39. _____ **Question 40.** _____

Learning today is very different from my grandfather's time. (37) _____. Besides learning from teachers and textbooks, (38) _____. It provides us with various online sources (39) _____. Google helps us find the answers to almost any questions we have. The Internet also allows us to pursue our own interests. Learning has become more independent. Although most children in my village have fewer private learning facilities than the students in the city, we are still luckier than my grandfather's generation. (40) _____.

A. such as documents, clips, and programmes
B. we use the Internet
C. We have TVs to watch at home and a library and computers at school
D. It is easier and more convenient

Question 37. _____ **Question 38.** _____
Question 39. _____ **Question 40.** _____

LIVEWORKSHEETS