End with Kindness

A friend invites you to hang out but you don't feel like it.

That doesn't work for me.
I (still) hope/want/appreciate...

A friend wants to videocall you so you can help them with Maths homework late at night.

That doesn't work for me.
I (still) hope/want/appreciate...

A classmate wants to swap snacks, but you don't like what they're offering.

That doesn't work for me.
I (still) hope/want/appreciate...

A classmate suggests working together, but you prefer working alone.

That doesn't work for me.
I (still) hope/want/appreciate...

Keep it short, clear and kind. No need for "because". No argument, no guilt. Just clear boundaries and kindness.

Ex. Someone asks to borrow something personal, your earbuds for instance, but you don't feel comfortable giving it to them.

That doesn't work for me. I still want to help if there's another way.

LIVEWORKSHEETS