

COMPREHENSION

Task 1 – Listening Activity (Matching) Listen to five speakers discussing their relationship with food waste and how they try to reduce it. Match each speaker with the correct statement.

Statements:

- A. Learnt how to reuse leftovers from their parents.
- B. Finds it difficult to avoid wasting food when eating out.
- C. Uses apps to donate food before it goes bad.
- D. Plans all meals to avoid throwing food away.
- E. Tries to educate friends about reducing waste.

Speakers: 1 - 2 - 3 - 4 - 5

Task 2 – Listening Activity (Comprehension Questions) Answer the following questions based on the recording:

1. Who learned to use leftovers in creative ways?
2. Who donates food using an app?
3. Who complains about food waste at restaurants?
4. Who shares advice with others?
5. Who plans meals to avoid waste?

USE OF ENGLISH

Task 3 – Complete the sentences with vocabulary about the life cycle of food:

Words: landfill – consume – locally sourced – biodegradable – carbon footprint – reusable

1. If we continue to _____ food at this rate, there won't be enough for everyone.
2. I always bring a _____ bag when I go shopping.
3. Food waste in a _____ can take years to break down.
4. The apples are _____ – they come from a farm 10 km away.
5. These plates are made of _____ material, so they're better for the planet.
6. The _____ of imported meat is very high.

Task 4 – Choose the correct word (positive personality adjectives):

1. He was extremely moral / reckless to report the truth despite the consequences.
2. Doctors and nurses are often seen as heroic / conformist during crises.
3. She always helps others before thinking of herself – she's truly compassionate / selfless.
4. We need a leader who can stand up for / follow the crowd what's right.

Task 5 – Complete the sentences (fitting in):

Words: peer pressure – stand out in a crowd – rebel – conformist

1. Teenagers often face _____ to dress a certain way.
2. He refused to _____ and wore bright colours to school.
3. She was a real _____ and always did the opposite of what was expected.
4. That singer really knows how to _____ with her unique style.

Task 6 – Complete the sentences (compound adjectives):

Words: part-time – high-quality – cold-hearted – record-breaking – world-famous – open-minded

1. It's a _____ brand known for its durability.
2. The actor gave a _____ performance that moved everyone.
3. He's very _____ and accepts new ideas easily.
4. They offered me a _____ job after school.
5. She became a _____ chef after winning a cooking contest.
6. The villain was so _____ that no one liked him.

Task 7 – Match the sentence halves (movies):

1. The movie was based on	A. sharp and realistic.
2. The main actor gave	B. in a futuristic city.
3. The action took place	C. an unforgettable performance.
4. The dialogue was	D. a bestselling novel.
5. The film received	E. for his unique visual style.
6. The director is known	F. an award for best cinematography.

GRAMMAR

Task 8 – Narrative Tenses:

1. I had finished / finished cleaning before the guests arrived.
2. While we were walking / walked, we saw a rainbow.
3. They had visited / visited Rome before moving to Paris.
4. She was crying / cried when the phone rang.
5. We had never eaten / never ate sushi until last weekend.
6. I was reading / had read a book when I heard the knock.

Task 9 – Passive Voice:

1. The tickets _____ (sell) online.
2. The report _____ (write) yesterday.
3. The emails _____ (send) tomorrow.
4. All students _____ (inform) of the change.
5. The prizes _____ (give) at the end of the year.
6. The new rule _____ (announce) last week.

Task 10 – Relative Pronouns:

1. That's the teacher _____ teaches French.
2. The man _____ I met was very kind.
3. The project _____ they started is almost done.
4. This is the place _____ we had our meeting.
5. She's the girl _____ mother works here.
6. I remember the day _____ we met.

Task 11 – Conditionals:

1. If I _____ (win) the contest, I _____.
2. If I _____ (have) a million dollars, I _____.
3. If I _____ (remember) her birthday, I _____.

Task 12 – Reported Speech:

1. "We are ready," they said. → They said that _____.
2. "Do you like sushi?" she asked. → She asked me _____.
3. "Clean your room," dad said. → Dad told me _____.
4. "I lost my keys," he said. → He said that _____.

Task 13 – Modals: must - have to - can

Choose from: bring- follow- speak- use- return- ask

Students _____ politely to others and _____ the rules. If you borrow a book, you _____ it on time. You _____ your ID to enter the library. Visitors _____ for help at the entrance. All students _____ their own materials to class.

Task 14 – Past Simple / Used to / Would:

When we were kids, we _____ (ride) our bikes everywhere. We _____ (play) outside until dark. My sister _____ (build) treehouses and I _____ (collect) rocks. We _____ (go) camping every summer. My grandparents _____ (live) in a house in the countryside. We _____ (visit) them every weekend. They _____ (tell) us stories by the fireplace. We _____ (help) in the garden, and we _____ (pick) apples in the autumn. I _____ (feel) really free and happy back then.

WRITING

Task 15 – Writing: Letter of Application

Volunteer Camp for Teens

We are looking for responsible teenagers to help with environmental activities at our summer volunteer camp. Roles include cleaning parks, planting trees, and helping organize events.

Write a letter (120-150 words) applying for one of the roles. Include:

- your personal details and experience

- why you want the role
- your availability
- what makes you suitable