

ROS POMEROY, CONSULTANT AND EXECUTIVE COACH

A  CD 1.22 Listen to the first part of the interview and decide whether these statements are true (T) or false (F).

- 1 At work, Ros Pomeroy does the same thing every day.
- 2 She works for different clients on different projects.
- 3 She never has meetings.
- 4 Sometimes she runs a workshop.
- 5 She's often in her office.
- 6 She never takes phone calls at work..

B  CD 1.23 Listen to the second part. Choose the correct word in *italics* to complete these extracts.

- 1 I do work very *short* /long hours.
- 2 I also have *teenage* /young children.
- 3 It's *difficult* /easy to find enough time for leisure.
- 4 To *ask* /answer your question ...

C  CD 1.24 Listen to the third part. Choose the best answer (a–c) for each question.

- 1 What does Ros often do on Saturday and Sunday?
 - a) writes for a newspaper
 - b) reads the newspaper
 - c) listens to the news
- 2 What other activity does she do?
 - a) running
 - b) swimming
 - c) walking
- 3 She says this activity doesn't sound ...
 - a) interesting.
 - b) relaxing.
 - c) fun.
- 4 What does Ros think it is important to do?
 - a) stay inside and sleep
 - b) go out and visit friends
 - c) get outside and see the countryside

D  CD 1.24 Complete the extract below using the words from the box. Then listen to the third part again to check.

go into run not that that's time very week weekends

At the¹, I spend a lot of my² reading the newspaper. I catch up on the news from the previous³. And also I try to⁴ out running. Now, running may⁵ sound like something⁶ is very relaxing, but I think that it's⁷ important to get outside⁸ the fresh air and see the countryside. So⁹ why I¹⁰

THIS IS MY JOB

Before you read

1 Answer these questions about yourself.

- What time does your day start?
- Do you work best in the morning or in the afternoon? Why?

2 Use a dictionary to match the words (1–4) to the correct definitions (a–d).

- | | |
|------------------|---|
| 1 administration | a) being alone or away from other people |
| 2 solitude | b) things that interest you very much |
| 3 maximising | c) making something as strong as possible |
| 4 passions | d) doing paperwork and other things in the office |

Reading

Read this article adapted from the *Financial Times* and answer the questions on the next page.

FT

LEVEL OF DIFFICULTY ● ● ○

Business diary: Johan Roets

as told to Jude Webber

Johan Roets is Head of Personal and Business Banking for the Americas at Standard Bank. He is based in Buenos Aires.

5 Johan says, "I don't really have a typical day. Sometimes I have a conference call with the executive committee at 3 a.m. – there is a five-hour time difference with
10 our head office in Johannesburg.

Usually, the Argentine day doesn't start until 10 a.m. or

11 a.m. I do my best thinking in the morning and my best
15 administration in the afternoon.

"I go to South Africa every couple of months. What I love about travel is the solitude to think and read. I don't
20 like meetings – they can be incredibly unproductive – and I try to avoid them. I sit on two boards and typically have six or eight meetings a week.

25 "The way I pay attention to things is to write them down. I buy notebooks and take them everywhere. I write whenever I can during the day, and I go
30 back and highlight important bits.

"I think the great secret in life – and business – is to focus on maximising your strengths, not improving your weaknesses. My
35 passions are business, technology and people."

1 Decide whether these sentences about Johan Roets are true (T) or false (F).

- a) He works in a bank. *T*
- b) He is usually based in Argentina.
- c) Every day is the same for Johan.
- d) He often gets up late to make business calls.
- e) He regularly travels to South Africa.
- f) He has more than five meetings every week.
- g) He never uses notebooks.
- h) He has three main interests.

2 Complete the sentences below using the words in the box.

afternoon five six ten *three* two

- a) Johan sometimes has a conference call at *three* o'clock in the morning.
- b) There is a-hour time difference between Argentina and South Africa.
- c) In Argentina, the working day usually starts at in the morning.
- d) In the, he works on administration.
- e) He usually goes to South Africa every months.
- f) Johan usually has or eight meetings each week.

3 Put these words in the correct order to make questions.

- a) get up? / What / time / you / do
What time do you get up?
- b) start / When / you / do / work?
- c) meetings / have? / do you / How many
- d) use / you / a notebook? / Do
- e) to travel? / you / Do / like

Over to you

Discuss in pairs or small groups.

- Do you have a typical day?
- What are your interests?
- What do you like or dislike about travel?

TALKING ABOUT WORK AND LEISURE

A Complete the sentences below using the words from the box.

always at doesn't enjoy interested into isn't keen quite week

- 1 Are you *interested* in sport?
- 2 He isn't on concerts.
- 3 I'm really computer games.
- 4 Do you learning languages?
- 5 He like football or rugby.
- 6 They like classical music.
- 7 She interested in the cinema.
- 8 We never work the weekend.
- 9 Do they watch TV in the evening?
- 10 I usually go to the gym three times a

B Work in pairs. Use the prompts below to make questions to ask your partner. Add two more question to the list. Take turns to ask the questions. Present the information to the class.

This is (Jorge/Lisa). He/She likes ...

He/She is/isn't keen on ..

He/She sometimes/often

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Student A	Student B
1 What do / at the weekend?	1 What do / in the evenings?
2 What music / like?	2 What sport / like?
3 What sport / don't like?	3 What music / don't like?
4 How often / eat in restaurants?	4 How often / go to cinema?
5 When / usually / go on holiday?	5 How often / go on holiday?
6 When start / work (or college)	6 When finish / work (or college)?
7 How many hours a week / work?	7 How many hours a week / study English?
8 What do / at work (or in your studies)?	8 What do / at work (or in your studies)?
9	9
10	10

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