

UNIT 2 - WORKSHEET 1

1. What is there in the fridge? Write the correct number in each word:

		<p>Apples _____</p> <p>Avocado _____</p> <p>Banana _____</p> <p>Beef _____</p> <p>Carrot _____</p> <p>Cheese _____</p> <p>Eggs _____</p> <p>Fish _____</p> <p>Garlic _____</p> <p>Grapes _____</p> <p>Lemon _____</p> <p>Lettuce _____</p> <p>Milk _____</p> <p>Orange juice _____</p> <p>Pear _____</p> <p>Pineapple _____</p> <p>Pork _____</p> <p>Potatoes _____</p> <p>Strawberry _____</p> <p>Watermelon _____</p> <p>Wine _____</p>
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2. What are the benefits of eating healthy food? Match the words:

- a) Fruits give you
- b) Vegetables help your
- c) Dairy products help your
- d) Meat gives you

- proteins
- bones
- vitamins
- digestion