LISTENING PRACTICE – DICTATION

Listen and write NO MORE THAN THREE WORDS for each blank

Sarah: Hi, Joe. How are you?

Joe: Not bad, thanks, Sarah. So, we have to decide what we're going to (1) …… on in our presentation on changing eating habits.

Sarah: Right. Well, I looked at the list of writers that the tutor (2) …… – you know, people who have written whole books on the subject of changing eating habits – and I found two of them in the university (3) …….

Joe: OK, which writers were they?

Sarah: Well, I had a look at the introduction to *Modern Diet* – that was by a (4) …… called Ann Robertson.

Joe: And what did you think?

Sarah: Well, I didn't get very far, I'm afraid. I just didn't find her style very (5) ……. But the book by Joanne Mackenzie – that was very informative, and I enjoyed that.

Joe: How do you spell her (6) ……?

Sarah: Oh, it's M – A – C – K – E – N – Z – I – E.

Joe: Great. I'll go to the library and I'll see if I can find another copy of the book.

Sarah: OK, but what you could do instead – and it might be quicker – is look at the university library (7) ……. It'll tell you if there are other copies – and when they're going to become available. I mean, you don't want to be waiting (8) …… for a copy if another student has only just borrowed it.

Joe: Good idea – I'll do that. But I can't remember what the password is for the website.

Sarah: The password? Oh, I think I saved it on my (9) ……. Let's have a look. OK, here it is. Do you want to write it down?

Joe: Sure. What is it?

Sarah: OK, it's a mix of letters and numbers. It's O – T – A – L – I – B – 2 – 0 – 1 – 6.

Joe: Great. Got it. So, I did some research myself at the weekend. I thought we should look at what people are (10) …… nowadays, not just what they're eating.

Sarah: Good idea. I suppose that a lot of fizzy drinks are really bad for you – but certainly last year there was a huge (11) …… in the sales of that kind of product.

Joe: True, but most people know that they're unhealthy. But what a lot of people don't realize is that (12) …… is also really bad for you. It's full of sugar.

LIVEWORKSHEETS

People often drink it with their breakfast, but in my opinion, it's not something that people should buy any more. (13) …… is really the best thing for you. That's what people should be drinking more of – whether they're at home or out.

Sarah: I agree. Actually, you just reminded me ... it's interesting: between 2005 and 2015, there was a big increase in the number of people (14) …… – going to restaurants, I mean. But now, for many families, there's a new trend. More and more people are eating in. But it's not food that they (15) …… themselves. Nowadays, it's ready-made meals they buy from supermarkets.

Joe: Rather than from (16) ……, you mean?

Sarah: Yes, right.

Joe: That kind of thing is too expensive for me!

Sarah: Me too. And I don't think they're very tasty, anyway.

Joe: OK, what are we going to say about the problems that eating (17) …… causes?

Sarah: Well, the one that's getting worse and worse in this country is heart disease. There's a huge number of people that are affected by it nowadays.

Joe: And the figure's (18) …… all the time.

Sarah: The thing is, a lot of unhealthy food is cheaper than healthy food, so it's no wonder that people buy it.

Joe: Including students like us.

Sarah: Yes, that's right.

Joe: I actually did a bit of research about that, too. I mean, (19) ……, you know, we have six different places that serve fast food.

Sarah: Yes, my favorite is the Chinese place. It's very (20) …… for me.

Joe: Me too, but I discovered that the one that is busiest – that most of the students go to – is the one selling pizza. It (21) …… me, because I thought it was probably going to be the sushi café.

Sarah: Sushi would (22) …… be the healthier choice. Certainly it has (23) ……. Where is the sushi café anyway? I mean, which street is that on? I still get lost around campus.

Joe: Which street? Um, let me think. It's on Wellesley.

Sarah: How's that spelt?

Joe: W – E – double L – E – S – L – E – Y. You know, it goes past the John Wellesley Library – up near (24) …….

Sarah: Right, I know the one you mean.

Joe: OK, I suppose we'd better start thinking about what we're going to include in this presentation …

LIVEWORKSHEETS