9 Feeling good

READING

1 **Complete the sentences with these words.**

chef clip doll instructions series tiny

1 My brother is learning to be a _____. One day he'd like his own restaurant.
2 This small _____ is my little sister's favourite toy.
3 This video _____ is really funny. A monkey comes into the house and steals the cake.
4 She had a _____ bedroom. It was only big enough for her bed and a very small table.
5 We watched a _____ of programmes about Indian food.
6 I don't know how to cook this food. Are there any _____ on the box?

2 **Look at the photo and read the article quickly. What is it about?**

A a way to use less plastic **B** a different kind of food

Eat with it ... then eat it!

by Sam Mayers

We use too much plastic. It's a fact. If you eat in a café or fast food restaurant, you'll usually use some plastic. Maybe you'll get a plastic spoon with your ice cream or a plastic cup for your orange juice. We eat and drink and then throw the plastic in the bin. The problem with all this plastic is that it stays on the planet for hundreds of years. Although everyone knows this, we continue buying fast food because we love it and it saves us time.

So if you care about the world, but you like to eat fast food, you'll love this idea. How about a spoon that you can eat after you use it? A company in India has found a good way to use less plastic. The company has made edible spoons. This means spoons that you can eat.

These edible spoons are very strong. You can even use them with hot soup or coffee. If you eat your soup with one, the spoon won't go soft. So, are the spoons sweet or salty? They can be both. The company makes them in different flavours. I think this is a great idea. You can choose a sweet spoon for your desserts and a salty spoon for your main course.

If the Indian company can make the spoons cheaply, we'll soon see them in our local cafés. If the spoons work well, maybe we'll find ways to make plates and bowls you can eat too!

3 **Read the article again. For each question, choose the correct answer.**

1 Why does Sam say plastic cups and spoons are bad?
A People drop them on the floor.
B They stay on the planet for a long time.
C People put them in rubbish bins.
2 Sam says people use plastic a lot because
A they don't know it's bad for the planet.
B they are busy and it makes life easier.
C they don't like eating at home.
3 How do we know the edible spoons are strong?
A It's difficult to break them.
B You can put heavy things on them.
C They don't change shape when hot.
4 What does Sam like about the edible spoons?
A They are not all the same.
B You can use them to eat desserts.
C They have salt in them.
5 Why are the edible spoons not in lots of shops now?
A They are not as cheap as plastic spoons.
B People don't want spoons they can eat.
C The Indian company can't make enough.

4 **Match sentences 1–6 with sentences A–F.**

1 The sun is actually a star. ____
2 I don't need this anymore. ____
3 I don't like swimming in the sea. ____
4 My sister's a manager. ____
5 There's a lot of sugar in this tea. ____
6 We don't travel far to school. ____

A It's too sweet for me.
B The salty sea water hurts my eyes.
C It's not a planet.
D We go to the local school.
E She works for a company that makes chocolate.
F Can you put it in the bin, please?

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GRAMMAR

first conditional

1 Match 1–6 with A–F to make sentences.

1 If I have time, ____
2 Emma won't be late ____
3 If Grace doesn't finish her dinner, ____
4 My teacher will be unhappy ____
5 If you like Japanese food, ____
6 The party will be inside ____

A if she leaves now.
B you'll love this sushi restaurant.
C if I don't do my homework.
D I'll bake her a birthday cake.
E if the weather is bad.
F she'll be hungry later.

2 9.1 Listen to Alex talking to his dad. What does Alex want to do?

3 9.2 Complete the sentences from the recording with the correct form of the verbs in brackets. Listen again and check your answers.

1 Dad, _____ you _____ (let) me have a party if I _____ (do) well in my school exams?
2 If I _____ (have) a party, we _____ (stay) in the garden.
3 If everyone _____ (bring) some food, it _____ (not cost) much at all.

4 Complete the first conditional sentences with the correct form of the verbs in brackets.

1 If we _____ (have) pizza for lunch, I _____ (be) really happy.
2 You _____ (be) thirsty if you _____ (not take) a bottle of water with you.
3 My mum _____ (phone) me if I _____ (need) to get home for dinner.
4 They _____ (put) the tables outside the café if it _____ (be) sunny.
5 If you _____ (eat) all the cake now, there _____ (not be) any for later.
6 If Aidan _____ (like) cooking, he _____ (love) this new cooking blog.

5 Put the words in the correct order to make sentences.

1 see / I / time tomorrow, /I'll / If / my friends / have
_____
2 I'll / snows tomorrow / really happy if / it / be
_____
3 some fruit / I'm / eat / hungry later, / If / I'll
_____
4 if / will / there's / text me / a party / My friends
_____
5 for a swim / the weather's good tomorrow, / go / If / I'll
_____
6 I / feel ill / too many sweets, / If / I'll / eat
_____

6 Complete the sentences to make them true for you.

1 If I have time tomorrow, I'll _____.
2 I'll be really happy if _____.
3 If I'm hungry later, I'll _____.
4 My friends will text me if _____.
5 If the weather's good tomorrow, I'll _____.
6 If I eat too many sweets, I'll _____.

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