

Sugar Overdose

Listen about the health group called Action on Sugar (AOS), and decide if the statements are True or False.



1. A coffee maker warned people to be careful about sugar in drinks. **T / F**
2. Many cafes are putting extra syrup in their drinks. **T / F**
3. A group found one drink with 23 spoons of sugar in it. **T / F**
4. A health group said some drinks had shockingly high levels of sugar. **T / F**
5. A health group said one Starbucks coffee contained over 1,000 calories. **T / F**
6. A hot chocolate had as much sugar as three cans of Coca Cola. **T / F**
7. A health group said the hospitality industry had a big responsibility. **T / F**
8. The article said sugar is a big cause of type-1 diabetes. **T / F**