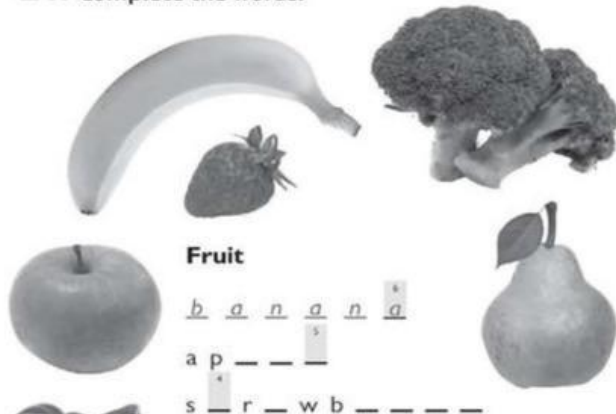


VOCABULARY

FOOD AND DRINK

1 A Complete the words.



Fruit

b a n a n a

a p p l e

s t r w b e r r y



Vegetables

b r o c c o l i

p o t a t o

g a r l i c

p e a



Meat and fish

c h i c k e n

s a l m o n



Drink

f r u i t j u i c e

m i l k



Other

b r e a d

c o f f e e

b u t t e r



B Write the numbered letters from Exercise 1A to find the message.

1 2 3 4 5 6 7 8 9 10 11 12 13 14

GRAMMAR

COUNTABLE AND UNCOUNTABLE NOUNS

3 A Underline the correct alternative.

- I drink milk/milks every day.
- My parents eat a lot of fruit/fruits.
- We often have egg/eggs for breakfast.
- I don't like pea/peas.
- I don't eat meat/meats.
- I really hate rice/rices.
- We hardly ever have bean/beans.
- There's a lot of pasta/pastas in my cupboard.

B Make the sentences in Exercise 3A true for you.

- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____

4 Write sentences using the prompts. Make the nouns plural where necessary.

- apple / good / for you
Apples are good for you.
- coffee / good / for you?

- there / a lot of / sugar / the cupboard

- there / a lot of / tomato / the fridge

- he / like / grape?

- I / not like / butter

- you / eat / a lot of / biscuit?

- we / not eat / a lot of / ice cream

READING

5 A Read the article and match recipes 1–3 with shopping lists A–C.

TOO BUSY TO EAT?

Do you have a busy lifestyle? When you come home from work, are you too tired to cook in the evenings? Here are three easy-to-make dishes from TV chef James Conway.

1 Eggs à la Provençale

A dish with a sophisticated name but in fact, it's very simple. Mix together three eggs, some tomato sauce, a small onion and some salt and pepper. Put some oil in a frying pan and when it's hot, add the egg mixture. Stir it around. There you go!

2 Pasta salad

This is a flexible dish, so you can eat it every day. Mix together some cooked pasta – I like three-colour pasta – and two types of cooked vegetables (e.g. broccoli, tomatoes, corn on the cob, green peppers). Add some oil and chilli sauce, stir it around ... and enjoy!

3 Cola chicken

Cola chicken is simple to make. You need a chicken, some cola, an onion and a green pepper. Cut up the chicken, the onion and the green pepper and put them together in a pan. Add some cola, some herbs and spices and cover with aluminium foil. Bake at 350 degrees for one hour.

A
pasta (three-colour)
tomatoes
broccoli
chilli sauce
oil

B
eggs
tomato sauce
one onion
salt
oil

C
chicken
cola
green pepper
herbs and spices

B Which two shopping lists are not complete? Read the recipes again and add the missing ingredients to the lists.

GRAMMAR

NOUNS WITH A/AN, SOME, ANY

6 Complete the sentences with *a/an*, *some* or *any*.

- Pasta salad hasn't got any meat in it, but it's got some vegetables.
- A: Are there any vegetables in Cola chicken?
B: Yes, it's got some onion and some green pepper.
- There isn't any chilli sauce in Eggs à la Provençale, but there's some tomato sauce.
- Two dishes have got some oil in them and one hasn't got any.
- A: Is there any salt and pepper in the pasta salad?
B: No there isn't, but there's some hot sauce.
- Cola chicken is a very simple dish.

7 Write sentences with *there's/there are* and *some/any*.

- ✓ fruit ✗ vegetables
There's some fruit, but there aren't any vegetables.
- ✓ bread ✗ butter
There's some bread, but there aren't any butter.
- ✗ fruit juice ✓ water
There's some water, but there aren't any fruit juice.
- ✗ bananas ✓ apples
There's some apples, but there aren't any bananas.
- ✓ grapes ✗ cheese
There's some grapes, but there aren't any cheese.
- ✓ pasta ✗ rice
There's some pasta, but there aren't any rice.
- ✗ onions ✓ carrots
There's some carrots, but there aren't any onions.
- ✓ salt ✗ pepper
There's some salt, but there aren't any pepper.