1 Present perfect with *for* and *since*



Inma and Alvaro have been friends **since** they were three years old.

Language focus

Use **present perfect** with **for** and **since** to talk about actions or states which began in the past and continue until the present.

Use **for** to talk about a period of time, e.g. one day, two weeks, three months, four years.

*Henry has lived in San Francisco **for** ten years.*

Use **since** to talk about a point in time, e.g. last year, 2014, my birthday, this morning.

*Katie has played the saxophone **since** the beginning of the year.*

1 Write *for* or *since*.

1 six weeks for
2 last weekend _____
3 this morning _____
4 two days _____
5 2015 _____
6 five minutes _____
7 December _____
8 last Friday _____
9 half an hour _____
10 eight months _____

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2 **Circle the correct word.**

1 Our school football team has won the league (*for*) / *since* the last three years.
2 My mother has been a clothes designer *for* / *since* 20 years.
3 My friend Sam has played the piano *for* / *since* he was five years old.
4 We've lived in this house *for* / *since* 2009.
5 My sister lived in Santiago de Chile *for* / *since* six months.
6 My brother has been interested in dinosaurs *for* / *since* he was a little boy.

3 **Complete the text messages with *for* or *since*.**

Hi, Alex. We've been here (1) **for** a week. It's great! I don't want to leave.

I want to be you! I've been in bed with a really bad cold (2) _____ Monday.

Oh no! I'm sorry to hear that. Get better soon. I probably shouldn't tell you – I've been on the beach (3) _____ we got here!

No, you shouldn't! Text me when you get home. You can come round to see my new phone. I've had it (4) _____ a week. It's got a great screen!

Lucky you! I'd love a new phone. I've had mine (5) _____ ages!

Yes, I know. You've had yours (6) _____ we were in our old school. I'm going to say goodbye now. I need to go back to sleep. Enjoy the rest of your holiday!

4 **Complete the sentences with *for* or *since* and a time expression.**

1 I've studied English _____.
2 I've lived in my house _____.
3 I've known my best friend _____.
4 I've been at my school _____.
5 I haven't tidied my room _____.
6 I haven't gone on holiday _____.

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