

Fill in the gaps with appropriate time expressions.

1. I had _____ at the concert last night; it was amazing!
2. We need to hurry, we're _____ for the meeting.
3. This project is _____, we just need to finalize a few details.
4. Over _____, I've noticed significant improvement in my English.
5. She woke up at 3 AM during _____ because of the noise outside.

Rewrite these sentences using the time expression in brackets.

1. The movie was very long. (take ages)
2. I really enjoyed my holiday in Spain. (have the time of my life)
3. I don't have any more time to complete this task. (run out of time)
4. She learned English extremely quickly. (big time)
5. Is learning this vocabulary useful for you? (be worth your while)

Connect the words to form correct expressions.

1. spare	a) ages
2. take	b) time
3. ungodly	c) future
4. distant	d) hours
5. the future	e) holds

Choose the correct answer.

1. The journey will _____ about two hours.
a) pass **b) take** **c) have**
2. I need to _____ time before my flight departs.
a) spare **b) kill** **c) pass**
3. The _____ went off at 6:30 this morning.
a) time **b) clock** **c) alarm**
4. She has a great _____ ahead of her in this field.
a) time **b) future** **c) while**
5. Working at _____ hours is very tiring.
a) small **b) ungodly** **c) prehistoric**

Complete the text with appropriate time expressions:

from dawn to dusk | had the time | ran out of time | right on | small hours

Last weekend, I _____ of my life at a music festival. We arrived _____ for the opening act. The bands played _____, and we danced until the _____. Unfortunately, we _____ to see the final performance because we had to catch the last train home.

Read the statements and decide if they are true or false according to the correct meaning of the time expressions.

1. If something takes ages to do, it means it happens quickly. **T / F**
2. "The small hours" refer to the hours just after midnight until early morning. **T / F**
3. If you "kill time," you're using your time in a very productive way. **T / F**
4. "From dawn to dusk" means from morning to evening. **T / F**
5. If the alarm goes off, it means it stops working. **T / F**

Read the text below about a research study. Fill in the gaps with words from the box. There are extra words that you do not need to use.

put off | varying | overall | diverse | sample | align | attributable | precipitation | posit
splash out on | be likely to | conduct a study | be late for

Environmental Impact on Mood and Spending

Researchers decided to _____ on how weather affects people's emotions and shopping habits. They selected a _____ of 500 participants from _____ backgrounds and locations around the country.

The team collected data during periods with _____ weather conditions, from sunny days to heavy _____. They found that participants were _____ feel more positive on sunny days.

When asked about shopping behaviours, many respondents admitted they would _____ luxury items when they were in a good mood. Interestingly, people tended to _____ shopping trips during rainy weather, unless they were purchasing necessities.

The researchers _____ that approximately 30% of impulse purchases were directly _____ to positive moods influenced by good weather.

The _____ conclusion suggests that retailers could potentially _____ their marketing strategies with weather forecasts to maximize sales.

Fill in the blank with the most appropriate time expression from the box. Then, answer the follow-up question using your own ideas.

**don't have a minute to call your own ■ there and then ■ have an early night
once in a blue moon ■ once and for all ■ off and on ■ nine times out of ten
do something from scratch ■ hail ■ scratch**

1. After months Petra decided _____ to quit her job and start her own business.

Q: What major decision have you made in your life that was resolute and final?

2. The meteorologist warned that there might be _____ during the afternoon storm.

Q: What kind of extreme weather have you experienced?

3. Between work, children, and household responsibilities, many parents _____.

Q: When was the last time you felt overwhelmed by too many responsibilities?

4. Instead of buying pre-made sauce, Paulo prefers to _____ using fresh ingredients.

Q: What can you make from scratch?

5. I _____ go to concerts nowadays, maybe just once or twice a year.

Q: What activity do you do rarely but still enjoy?

6. _____, if Thomas says he'll finish something by Friday, it will be done on time.

Q: Are you a reliable person? Why or why not?

7. After feeling exhausted for weeks, I decided to _____ and was asleep by 9 PM.

Q: How do you deal with feeling tired or burned out?

8. : When they offered me the job during the interview, I accepted _____.

Q: Have you ever made an important decision immediately? What happened?

9. Before building the website, the designer made a _____ to show the basic layout.

Q: Do you prefer planning before starting projects or figuring things out as you go?

10. During exam periods, I study _____, sometimes intensely and other times taking long breaks.

Q: What is your study or work style like? Are you consistent or do you work in bursts?