

Part 2

[8 marks]

Questions 8 to 15

You will hear a part of a talk from a school counsellor sharing information about the impact of social media on mental health. For questions 8 to 15, choose the correct answer (A, B or C).

You will hear each recording twice. Answer all the questions.

- 8 What is the focus of the sharing session mentioned in the text?
- A Mental health.
 - B Physical health.
 - C Social media platforms.
- 9 According to the text, why do we need to socialise?
- A It is a natural human trait.
 - B It is a requirement for physical health.
 - C It is because everyone shares the same interest with us.
- 10 When we are among friends and family, we...
- A can perform better with their support.
 - B can have the same mental happiness.
 - C can be comfortable and connect online.
- 11 What is the most popular social media platform among teenagers in Malaysia?
- A TikTok.
 - B Instagram.
 - C Facebook.
- 12 The main reason teenagers are hooked on social media is because...
- A they can chat in person every day.
 - B they can expand their connections.
 - C they get to meet people online with similar interests.

- 13 One of the positive impacts of social media on mental health is it...
- A helps you finish your presentation.
 - B increases knowledge on the support groups.
 - C provides support by allowing access to news and information.
- 14 When they are online, teenagers are more focused on...
- A academic research.
 - B self-care health tips.
 - C the latest fashion trends.
- 15 Why would connecting online have a positive impact on our mental health?
- A When we are getting support during our old age.
 - B When we are online and channelling information to others.
 - C When we are doing something happy, everything will be great.