Przeczytaj wskazówki do zadań!
Przesłuchaj nagranie!

Zadanie 1. (0–5)

Usłyszysz dwukrotnie pięć wypowiedzi związanych z ubiorem wymaganym w szkole. Do każdej wypowiedzi dopasuj odpowiadające jej zdanie (A–F). Wpisz rozwiązania do tabeli. Uwaga! Jedno zdanie zostało podane dodatkowo i nie pasuje do żadnej wypowiedzi.

This person

A. is convinced that female students shouldn't be forced to follow any dress code at all.

B. believes dress codes must not be meant to control the clothing of female students only.

C. is of the opinion that if anyone has a problem with students' dressing styles, they should try to change themselves.

D. is concerned about prints on T-shirts that he believes to be offensive.

E. is basically not against dress codes as long as they don't limit students too much.

F. thinks that uniforms are a thing of the past and shouldn't be worn at schools anymore.

1.1.	1.2.	1.3.	1.4.	1.5.

Zadanie 2. (0–6)

Usłyszysz dwukrotnie dwa teksty. Z podanych odpowiedzi wybierz właściwą, zgodną z treścią nagrania. Zakreśl jedną z liter: A, B albo C.

Tekst 1.

2.1. William Robinson
A. went to college when the war broke out.
B. believes people start getting old in their sixties.
C. has received his pension for almost forty years.

2.2. Robinson believes that, to have a good life, you should
A. remember as much as possible from all your life.
B. be helpful and care about other people's feelings.
C. include a glass of whiskey in your daily diet.

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Tekst 2.

2.3. What's the situation in the fight against malaria at the moment?

A. Gradually, fewer and fewer people are dying of malaria.
B. Young children can be effectively protected, but not adults.
C. It's still causes the most deaths in some parts of the world.

2.4. A vaccine against malaria

A. is almost ready to be used for prevention.
B. would certainly help stop the disease.
C. is going to effectively solve the problem.

2.5. The vast majority of people who come down with malaria

A. never consult a doctor or take any medicines.
B. die because they don't have access to medication.
C. recover quickly due to achievements in medicine.

2.6. The parasite causing malaria is

A. hard to kill with insecticides that are currently used to combat it.
B. requires large investments to be properly researched.
C. more and more often unharmed by medicines used to fight it.

PRZENIEŚ ROZWIĄZANIA ZADAŃ OD 1. DO 2. NA KARTĘ ODPOWIEDZI!

Zadanie 3. (0–4)

Usłyszysz dwukrotnie rozmowę recepcjonisty z gościem hotelowym. Na podstawie informacji zawartych w nagraniu uzupełnij luki 3.1.–3.4., tak aby jak najbardziej precyzyjnie oddać sens wysłuchanego tekstu. Luki należy uzupełnić w języku angielskim. W każdej luce są maksymalnie dwa wyrazy.

The **3.1.** _____ is broken down and operating the TV becomes problematic.

The internet connection is broken and the guest needs to have it fixed as soon as possible because he/she has an **3.2.** _____

The air-conditioning can be turned on by means of a **3.3.** _____ on the wall.

There's a **3.4.** _____ across the street where the guest can withdraw money.

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Zadanie 4. (0–5)

Przeczytaj tekst. Dobierz właściwy nagłówek (A–J) do każdej części tekstu. Wpisz odpowiednią literę w każdą kratkę. Uwaga! Pięć nagłówków nie pasuje do żadnego z tekstów.

A. SARA POPULAR AS EVER

B. OUT OF THERE

C. HURRICANE FIONA STRIKES

D. CUTS MAKE PEOPLE HAPPY

E. COCKROACHES ATTACK

F. WHAT'S IN A NAME?

G. CUTS FRIGHTEN OPPOSITION

H. CHILLING THREAT TO USE NUKES

I. SULLIVAN STRIKES BACK

J. WEATHER FORECAST

4.1.	

Vladimir Putin has been warned by the US of disastrous consequences if he uses nuclear weapons in Ukraine. On Sunday night, Jake Sullivan, the US National Security Adviser, said the US military will give a direct and decisive response if the Russians use their nukes against Ukraine. He said, "If Russia crosses this line, there will be catastrophic consequences for Russia. The United States will respond decisively." Sullivan did not talk about the potential response in greater detail to the general public, but the necessary information was passed to Moscow. Sullivan added Russia has been contacted many times to talk over the war in Ukraine, but apparently Putin desires to continue his massive ethnic cleansing in that country and says that the Ukrainian nation must cease to exist.

4.2.	

We've got the list of the most popular baby names of 2022. There's one very surprising comeback. According to the popular website UK Baby Names, Gary is currently becoming very trendy in Britain. It's even more surprising when we learn that there are previous reports suggesting

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that the name had become "extinct." Oliver, Jack and James for boys and Sarah, Emma and Olivia remain very popular baby names in Britain. Actually, Gary isn't the only traditional name that is becoming popular. Paul and Ian are trending as well even though haven't made it into the top five baby names.

4.3.	

British people may well have to experience fierce winds, rain as well as cold today as Hurricane Fiona is blowing itself out in the UK. What's more, the Environment Agency has issued five flood alerts, mostly in parts of the West coast. The weather situation should start improving on Monday. Also, next week, it will be noticeably colder. Typical autumn temperatures might force drivers to scrape ice of their windshields on some mornings, which will be a shock after the hot summer we've had. Strong winds of up to 60mph are expected in Wales. 14C in London, 15C in Cardiff, 12C in Inverness and 12C in Belfast.

4.4.	

British citizens are in line for more tax cuts. The Chancellor trumpeted the £45 billion tax slashing spree to help workers catch up with cost of living. "We've only been here 19 days," he said. "There's more to come..." British people will pay smaller taxes because in the end they are going to drive this economy. Fuel duty will be lowered considerably as well. Moreover, 1.25 percentage point rise in National Insurance planned in April will be stopped. People are generally looking forward to the changes. However, the opposition leader said, "I don't think that the choice to have tax cuts for those that are earning hundreds of thousands of pounds is right when our economy is struggling, and working people are struggling to stay on the surface. That's the wrong choice."

4.5.	

Medic Bob will not take part in "I'm a Celebrity." The programme is going to be set in the jungle as usual. This year, however, Bob McCarron will miss the next run of the show. People have known his face since the ITV series began in 2002. He offered advice to contestants and gave them urgent medical care. Once, he even removed a cockroach from 2018 winner Harry Redknapp's ear. The replacement medical expert won't be seen on TV. Bob will host a by-product of the big show where he travels around Australia. Bob McCarron explained that he was too busy to do everything, so he gave up the UK version. He has promised he will always be a friend to the show.

PRZENIEŚ ROZWIĄZANIA NA KARTĘ ODPOWIEDZI!

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Zadanie 5. (0–6)

Przeczytaj cztery teksty (A–D) związane z leczeniem łupieżu. Wykonaj zadania 5.1–5.6. zgodnie z poleceniami.

Tekst A

Dandruff can be diagnosed by white flakes of skin on your scalp, which often becomes itchy. The condition affects up to 3% of world population. Various factors can cause dandruff, for instance, dry skin, dermatitis or bad reaction to hair products. If dandruff on your scalp is not serious, first use a gentle shampoo to reduce oil and the accumulation of skin cells. If a mild shampoo doesn't help, try a medical shampoo for fighting dandruff. Most people tolerate a medical shampoo that is used two to three times a week. Use a normal shampoo on the other days.

Tekst B

What the product is for

Rid Anti-Dandruff Shampoo is used for treating and preventing dandruff. The shampoo has ketoconazole in it, which kills excessive number of Malassezia – yeasts living on the scalp. These yeasts are normally present on the scalp, however, people with dandruff have more Malassezia. The medical shampoo also treats the inflammation caused by dandruff, and relieves scalp redness and itching. This product can be used by adults and adolescents over twelve years old.

How to use the product:

- Use every 3 days for 4 weeks.
- If you still suffer from dandruff after 4 weeks, consult your doctor or pharmacist.
- To keep your scalp clear and to prevent dandruff returning, use Rid Anti-Dandruff Shampoo once every two weeks. If you stop using Rid Anti-Dandruff Shampoo altogether, your symptoms may become a problem again.
- Not for children aged under twelve.

Tekst C

There are many products specifically used to treat dandruff; however, natural remedies are often as effective as medical shampoos, and may be less harmful. Here are some simple home remedies how to get rid of dandruff naturally. When applied as a moisturizer, coconut oil may be very helpful in enhancing skin hydration. Research shows that coconut oil helps treat eczema, a skin condition which can partly cause dandruff. Aloe vera is often added to lotions and cosmetics. It also helps treat conditions such as burns and cold sores when it is applied to the skin. Some reviews point out that the antibacterial properties of the succulent may also relieve dandruff. Stress as such doesn't contribute to dandruff directly, but it may make itching and dryness worse. Long-term high stress levels may weaken your immune system, which means your body will find it harder to fight off infections and skin conditions.

Tekst D

INTERVIEWER: I'm here with Andrea. She's a dermatologist. What's actually the root cause of dandruff?

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DERMATOLOGIST: A lot of research has been done into it, but the truth is we don't know yet. We do know it's not a hygiene issue. There's a little yeast which naturally lives on our skin, Malassezia. In certain individuals, it can become a little bit too comfortable.
INTERVIEWER: People often complain about dandruff in certain times of the year. What actually triggers it?
DERMATOLOGIST: Stress is certainly a common trigger, and certain medical conditions such as Parkinson's disease.
INTERVIEWER: Is there one thing that people suffering from dandruff absolutely need to know?
DERMATOLOGIST: One of the things to know about this little yeast is that it only grows in oil. That yeast thrives in the oily surfaces of our skin. The oils that you apply to the scalp, styling oils or cosmetic oils, make a nice cosy environment for that yeast. If you shampoo your hair more frequently, you'll cut down on the amount of oil in the scalp and as a result, you'll improve dandruff.

Przeczytaj zdania 5.1.–5.3. Dopasuj do każdego zdania właściwy tekst (A–D). Jedno zdanie pasuje do dwóch tekstów. Wpisz rozwiązania do tabeli.
Uwaga! Jeden tekst nie pasuje do żadnego z poniższych zdań.

5.1.	Scientists really don't know what basically brings about dandruff.	
5.2.	Emotional tension resulting from circumstances may worsen dandruff symptoms.	
5.3.	Dandruff is associated with a kind of microbe that is normally found on our scalp.	

PRZENIEŚ ROZWIĄZANIA ZADAŃ OD 5.1. DO 5.3 NA KARTĘ ODPOWIEDZI!

Przeczytaj informację o łupieżu. Uzupełnij luki 5.4.–5.6. zgodnie z treścią tekstów A–D, tak aby jak najbardziej precyzyjnie oddać ich sens. Luki należy uzupełnić w języku polskim. W każdą lukę można wpisać maksymalnie trzy wyrazy.

ŁUPIEŻ. DLACZEGO NA SKÓRZE GŁOWY POWSTAJE ŁUPIEŻ I JAK GO LECZYĆ?
Najczęstszym problemem zdrowotnym, jeśli chodzi o skórę głowy, jest łupież. Jego charakterystycznym objawem jest nadmierne złuszczanie się skóry na głowie. Przyczyną tego zjawiska są grzyby Malassezia, które żyją na skórze głowy i są częścią jej naturalnej flory. Do końca 5.4. _____, dlaczego występuje łupież. Główną formą terapii jest zastosowanie odpowiednich szamponów. W większości przypadków wystarczy stosowanie szamponu przeciwłupieżowego dostępnego bez recepty. Zalecana jest 5.5. _____ kuracja trzy razy w tygodniu. Łupież często powraca po zakończeniu leczenia. Jeśli masz skłonność do nawrotów łupieżu, zaleca się stosowanie szamponu zapobiegawczego co dwa tygodnie po zakończeniu terapii. Badania pokazują, że 5.6. _____ zapobiega egzemie, która z kolei przyczynia się do powstawania łupieżu. Ludzie cierpiący na łupież powinni wiedzieć, że grzyby powodujące go do swojego rozwoju potrzebują oleju, który produkowany jest naturalnie przez skórę głowy, ale także zawarty jest w kosmetykach.

LIVEWORKSHEETS

Zadanie 6. (0–4)

Przeczytaj tekst. Z podanych odpowiedzi wybierz właściwą, zgodną z treścią tekstu. Zakreśl jedną z liter: A, B, C albo D.

– – –

"Captain Davidson's report on the events at Smith Camp was taped and heard by all of us on ship; by all of you here also? Good. Now if there are questions any of you wish to ask Captain Davidson, go ahead. I have one myself. You returned to the site of the camp the following day, Captain Davidson, in a large hopper with eight soldiers. Did you have the permission of a senior officer here at Central for that flight?"

Davidson stood up. "I did, sir."

"Were you authorized to land and to set fires in the forest near the campside?"

"No, sir."

"You did, however, set fires?"

"I did, sir. I was trying to smoke out the creechies that killed my men."

"Very well. Mr. Lepennon?"

The tall Hainishman cleared his throat. "Captain Davidson," he said, "do you think that the people under your command at Smith Camp were mostly content?"

"Yes, I do."

Davidson's manner was firm and forthright; he seemed indifferent to the fact that he was in trouble. Of course these Navy officers and foreigners had no authority over him; it was to his own Colonel that he must answer for losing two hundred men and making unauthorized reprisals. But his Colonel was right there, listening.

"They were well fed, well housed, not overworked, then, as well as can be managed in a frontier camp?"

"Yes."

"Was the discipline maintained very harsh?"

"No, it was not."

"What, then, do you think motivated the revolt?"

"I don't understand."

"If none of them were discontented, why did some of them massacre the rest and destroy the camp?"

There was a worried silence.

"May I put in a word," Lyubov said. "It was the native hilfs, the Amsheans employed in the camp, who joined with an attack by the forest people against the Terran humans. In his report Captain Davidson referred to the Amsheans as «creechies»."

Lepennon looked embarrassed and anxious.

"Thank you, Dr. Lyubov. I misunderstood entirely. Actually I took the word «creechie» to stand for a Terran caste that did rather menial work in the logging camps. Believing, as we all did, that the Amsheans were intraspecies, non-aggressive, I never thought they might be the group meant. In fact I didn't realize that they cooperated with you in your camps. However, I am more at a loss than ever to understand what provoked the attack and mutiny."

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"I don't know, sir."
"When he said the people under his command were content, did the Captain include native people?" said the Cetian, Or, in a dry mumble. The Hainishman picked it up at once, and asked Davidson, in his concerned, courteous voice.
"Were the Amsheans living at the camp content, do you think?"
"So far as I know."
"There was nothing unusual in their position there, or the work they had to do?"
Lyubov felt the heightening of tension, one turn of the screw, in Colonel Dongh and his staff, and also in the starship commander. Davidson remained calm and easy.
"Nothing unusual."

Na podstawie: *The Word for World is Forest* by Urusula K. LeGuin

6.1. During the questioning, Davidson
A. seemed rather weak.
B. appeared to be a little confused.
C. remained self-confident.
D. was not particularly outspoken.

6.2. Captain Davidson believes that his soldiers were
A. rather undisciplined and unruly.
B. afraid of being killed in combat.
C. conflicted with foreign people.
D. pleased with their situation.

6.3. Which is TRUE about Terran humans?
A. They began attacking Amsheans.
B. They were a Terran caste to do routine jobs.
C. They were attacked by forest people.
D. They started cooperating with Amsheans.

6.4. Davidson was being questioned because
A. he had done something without formal permission.
B. his people refused to obey his orders.
C. his Colonel was involved in the whole procedure.
D. it was puzzling why his people acted against him.

PRZENIEŚ ROZWIĄZANIA NA KARTĘ ODPOWIEDZI!

LIVEWORKSHEETS

Zadanie 7. (0–5)

Przeczytaj tekst, z którego usunięto pięć zdań. Wpisz w każdą lukę literę, którą oznaczono brakujące zdanie (A–F), tak aby otrzymać spójny i logiczny tekst.
Uwaga! Jedno zdanie zostało podane dodatkowo i nie pasuje do żadnej luki.

PARENTING TEENS

I got an email from a teacher informing me that my daughter had neglected to do her assignment again. I felt like my head was going to explode. I was angry at the teacher for implying that I was not strict enough as a parent. **7.1.** _____ So when she came down, I attacked her. Why can't you just get the work done? **7.2.** _____ Then I noticed tears welling up in her eyes. And I got this flashback to how I felt at her age every single time I got scolded – ashamed, alone, defeated. I carry those feelings with me to this day, and I had sworn I was never going to make my daughter feel that way if I could help it. Right now, I could help it. **7.3.** _____ I looked her in the eye and I said, "How can I help?" Well, what could have easily become a heated situation of blame and shame became this beautiful moment of connection because I made the choice. And every parent in every moment with their teen has the same choice. We just don't always realize it, often because we tend to blame the difficulty of raising teens on the teens. **7.4.** _____ When they resist or don't fit, we get angry at them, and this starts the cycle of resentment and conflict and pain. But we can choose to break that toxic cycle. All we have to do is stop trying to control our teens and focus on what we can control: how we show up for them. **7.5.** _____ Our beliefs, our assumptions and our approach. Let's break it down.

A. So I took a deep breath.

B. We try to mould and shape them into our expectations.

C. Bringing up teenagers is quite straightforward.

D. Well, there are three obstacles that just keep getting on our way.

E. How hard can this be?

F. I was angry at my daughter for not working hard enough.

PRZENIEŚ ROZWIĄZANIA NA KARTĘ ODPOWIEDZI!

LIVEWORKSHEETS

Zadanie 8. (0–3)

Uzupełnij poniższe minidialogi. Wybierz spośród podanych opcji brakującą wypowiedź. Zakreśl jedną z liter: A, B albo C.

8.1.

X: What time is it?
Y: It's three o'clock.
X: Oh no, I'm late.
Y: _____
X: To the dentist. Could you give me a lift, please?

A. Where will you go?
B. Where are you going to go?
C. Where are you going?

8.2.

X: _____
Y: It's your turn today. You feed it.
X: I can't do that. I'm in an awful hurry.
Y: Yes, you can. If you don't, the cat will starve.

A. Feeding cats is so boring, isn't it.
B. It's about time you fed the cat.
C. It's not really the right time to feed the cat.

8.3.

X: My hands are all greasy. Gosh!
Y: _____
X: Nothing really. It's just this chain that keeps coming off.

A. What have you done?
B. What are you doing?
C. What have you been doing?

PRZENIEŚ ROZWIĄZANIA NA KARTĘ ODPOWIEDZI!

LIVEWORKSHEETS

Zadanie 9. (0–3)

W zadaniach 9.1–9.3 spośród podanych opcji (A–C) wybierz tę, która najlepiej oddaje sens wyróżnionego zdania. Zakreśl jedną z liter: A, B albo C.

9.1. "Are you coming to the party?" **"You bet!"**

A. Never!
B. Certainly!
C. Perhaps!

9.2. **I don't mind staying at home**, but I understand your disappointment.

A. I could stay at home.
B. I'll have to stay at home.
C. I may stay at home.

9.3. **"Oliver didn't manage to complete his project."** "He didn't? It's surprising. He's so ambitious."

A. Oliver failed to complete his project.
B. Oliver succeeded in completing his project.
C. Oliver put completing his project off.

PRZENIEŚ ROZWIĄZANIA NA KARTĘ ODPOWIEDZI!

Zadanie 10. (0–4)

Przeczytaj tekst. Uzupełnij każdą lukę (10.1–10.4.) jednym wyrazem, tak aby powstał spójny i logiczny tekst. Wymagana jest pełna poprawność gramatyczna i ortograficzna wpisywanych wyrazów.

SLEEP BETTER

Improving your sleep quality is essential for overall well-being. Start by establishing a consistent sleep schedule; try to go to bed and wake **10.1.** _____ at the same time every day, even at weekends, to regulate your body's internal clock. Create a relaxing bedtime routine, **10.2.** _____ may include activities like reading, gentle stretching, or taking a warm bath. Ensure your sleep environment actually helps you to rest: keep your bedroom cool, dark, and quiet, and invest in a comfortable mattress and pillows. Limit screen time before bed, as the blue light emitted **10.3.** _____ devices can make it hard for you to fall asleep. Regular exercise can promote better sleep, but aim to complete your workout at least a few hours before bedtime. Finally, manage stress through relaxation techniques **10.4.** _____ deep breathing or meditation to calm your mind.

LIVEWORKSHEETS

Zadanie 11. (0–3)

W zadaniach 11.1.–11.3. wpisz obok numeru zadania wyraz, który poprawnie uzupełnia obydwa zdania. Wymagana jest pełna poprawność ortograficzna wpisywanych wyrazów.

11.1. _____

- Lucy waved to us and drove _____.
- They got _____ the plane after many hours in the air.

11.2. _____

- I was an _____ child, but my father didn't spoil me at all.
- _____ in this house do I feel safe and comfortable.

11.3. _____

- What does "fussy"_____? I've never heard the word before.
- Don't be so _____ to your sister. You should help each other.

LIVEWORKSHEETS