

Đề số 2 – CK2 - Tiếng Anh 11

Đề bài

I. Choose the word which has the underlined part pronounced differently from the rest

1. A. prepare B. preparation C. settle D. effect
2. A. critical B. academic C. university D. excited
3. A. cuisine B. shine C. pine D. underline

II. Choose the word which is stressed differently from the rest.

4. A. supply B. tourist C. emerge D. superb
5. A. environment B. responsible C. environmental D. response

III. Choose A, B, C or D that best completes each of following unfinished sentence.

6. If you freeze water, it solid.
A. becomes B. become C. becoming D. became
7. Nobody called the phone,?
A. do they B. don't they C. did they D. didn't they
8. The government must take measures to cut.....
A. diversity B. ecological balance C. vehicle emissions D. single
9. all necessary preparations, we put our plan into action.
A. Made B. Have made C. Having make D. Having made
10. He denied that he would take responsibility for the project.
A. saying B. having said C. say D. to say
11. "Think before print" is the slogan to encourage people to save
A. forests B. soil C. water D. fossil fuels
12. I.....two books on environment protection to complete this assignment.
A. read B. have read C. have been reading D. had read
13. I.....a research since last week. I will finish it this Friday.
A. have studied B. have been studying C. are studying D. study
14. We can improve the of the inhabitants by reducing pollution.
A. achievement B. healthcare C. quality of life D. transportation
15. Three students were suspected ofduring the examination.
A. cheat B. cheated C. having cheated D. being cheated

IV. Give the correct form of the word in brackets to complete each of the following sentences.

16. Trang An Scenic Landscape Complex includes both natural and ____ sites. (CULTURE)

17. The young man ____ with the principal is our new teacher. (TALK)

18. The ____ will last for several years as scholars believe that there are still relics buried in this site. (EXCAVATE)

V. Read the text and choose the best option to fill in each blank numbered.

Global warming is the rise in the average temperature of the earth (19) _____ the increase of greenhouse gases. Climate scientists now believe that (20) _____ are mainly responsible for this. The burning of fossil fuels and the cutting down of large areas of forests have contributed to the (21) _____ of a large amount of harmful gases into the atmosphere in recent years. The thick layer of these gases traps more heat from the sun, which leads to the increase in the earth's temperature.

Global warming (22) _____ climate change and catastrophic weather patterns such as heat waves, floods, droughts, and storms, which can affect human lives. Hundreds of millions of people may suffer (23) _____ famine, water shortages, and extreme weather conditions if we do not reduce the rate of global warming.

19. A. so that B. due to C. in spite of D. because
20. A. humans B. the old C. adults D. the young
21. A. emit B. emitting C. emission D. emitted
22. A. brings down B. results from C. results in D. gives back
23. A. in B. from C. during D. at

VI. Read the text again. Decide whether the following statements are true (T), false (F), or not given (NG).

Changing lifestyles for better health

As a way of living, lifestyle is everyday behaviours, activities, and diet. It involves your work, leisure activities, food and drink consumption, and interaction with people. That is why it is important to have a healthy lifestyle. Although it is often difficult to change your habits, reorganising your daily activities to achieve a healthy lifestyle is not impossible. Here are some steps you need to take to have a better life and health.

Become more active

Scientists have proved that regular exercise can help to reduce cholesterol and the risk of heart disease. Remember that you do not need to do too much exercise - just a 30-minute walk a day will bring health benefits. But it is important that you do it regularly and safely. Simple things like walking or cycling to school, using the stairs instead of the lift, doing the housework and gardening can all contribute to good health.

Moreover, hobbies such as dancing, reading, listening to music, playing chess, and solving crossword or sudoku puzzles are also good ways to keep your body and mind engaged, and increase life expectancy. No matter where you are - at home, at work, or at play - always look for opportunities to be more active and energetic.

Eat healthily

'Eat to live, not live to eat' is the advice to follow. The food and drink we consume can dramatically affect our health. Bad nutrition based on fast food, and meals high in fat and sugar can lead to obesity, diabetes, some types of cancer and other chronic diseases. Planning and following a healthy and balanced diet is not difficult at all. Eat the right amount of calories to balance the energy you get from food and the energy you use. Make sure you have a wide range of foods to receive all the nutrients you need. Remember to eat less saturated fat, sugar and salt, and more fish, fruit, and vegetables.

Stay positive and be happy

Once you have started to be more active and eat more healthily, you can notice that you also feel happier. There is no doubt that daily worrying and stress can damage your heart and brain. When you are under a lot of stress, you may get angry easily. Anger and hostility have negative effects on the cardiovascular system. Recent research has confirmed that angry, hostile people live a shorter life. Try to control your anger, always look at the positive side of every situation and be optimistic. If necessary, practise some meditation and yoga to help you to relieve your stress and anger, and enjoy life more.

- 24. It is not possible to change your daily habits and activities.
- 25. In order to reduce cholesterol, you need to exercise a lot and work out more than 30 minutes every day.
- 26. Physical activity should be done not just regularly, but safely.
- 27. Although fast food may lead to obesity, it has some definite advantages.
- 28. You should consume less fat and more sugar to balance the energy you use with the energy that goes into your body.
- 29. Stress and anger can affect people's life expectancy negatively.

VII. Rewrite the following sentences using the clues given in brackets.

30. He had spent all his money. He decided to go home and ask his father for a job. **(having+V_{p,p})**
.....

31. I have met her before. I still remember that. **(having+V_{p,p})**
.....

32. Trang An Scenic Landscape Complex is the eighth World Heritage Site in Vietnam that has been recognised by UNESCO. **(Reduce relative clause)**

.....

33. Neil Armstrong was the first man who walked on the moon. **(Reduce relative clause)**

.....

34. I come from a city that is located in the southern part of the country. **(Reduce relative clause)**

.....

35. "Don't forget to take your medicine regularly", Nam's father told him.

Nam's father reminded

VIII. Listen to a short talk and fill in each blank with NO MORE THAN THREE WORDS.

I never used to **(36)**_____ my health until recently. When I was a kid, I did loads of exercise. Even in my twenties and thirties I was very fit and never ill. I have been lucky all my life – always in the best of health. I rarely get even a cold. I suppose time **(37)**_____ you. Now I seem to be getting lots of little **(38)**_____. I should go to the doctor for a health check, but I'm too busy. The older you get, the more you worry about your health. One good thing is that I'm eating **(39)**_____ now than ever before. I no longer have fast food and midnight snacks. I also sleep a lot more. I've read that getting **(40)**_____ hours sleep every night is one of the best things you can do for your health.

-----THE END-----