

## **Multiple Choice: Sport in My Life**

Choose the correct answer for each question.

1. Why is sport important to the writer?
  - a) It helps them sleep better
  - b) It helps them stay healthy and strong
  - c) It helps them do homework
2. When does the writer usually do sports?
  - a) In the morning
  - b) In the afternoon
  - c) In the evening
3. How often does the writer go to the gym?
  - a) Once a week
  - b) Two times a week
  - c) Every day
4. Who does the writer go to the gym with?
  - a) Their sister
  - b) Their coach
  - c) Their friend Tara
5. What is true about Tara?
  - a) She is a coach
  - b) She doesn't like sports
  - c) She knows a lot about sport
6. When does the writer have volleyball lessons?
  - a) Every day
  - b) On the weekend
  - c) In the morning
7. What does the writer say about the volleyball coach?
  - a) He is very kind
  - b) He is strict
  - c) He is funny