Read the the text and do the vocabulary exercise!

Navigating Social Media Safely: A Guide for Teens

In today's digital age, social media is an integral part of teenage life, offering platforms for connection, creativity, and self-expression. However, it is essential for teens to navigate these spaces safely to protect their privacy and mental well-being. One key aspect of a healthy digital life is understanding the importance of privacy settings; by adjusting these settings, teens can control who sees their posts and personal information. Moreover, it's vital to be mindful of the content shared online, as digital footprints can last forever. Engaging in respectful communication and being aware of cyberbullying are also crucial; if a teen encounters harmful behavior, they should report it and seek support. Ultimately, fostering a positive online environment not only enhances personal experiences but also contributes to a safer community for everyone in the digital world.

Match the words with their definition!

Words	Definitions
1. Integral	
2. Platforms	
3. Connection	
4. Creativity	
5. Self Expression	
6. Navigate	
7. Privacy	
8. Setting	
9. Digital Footprints	
10. Engaging	
11. Respectful	
12. Cyberbullying	
13. Harmful	
14. Report	
15. Fostering	

A. Digital spaces or applications that facilitate social interaction, creation, and sharing of content.

B. The act of linking or joining together; in this context, it refers to relationships formed through social media.

C. Encouraging the development or growth of something; in this context, it refers to creating a positive online environment.

D. Essential or necessary for completeness; a fundamental part of something.

E. The ability to produce original ideas or content; often expressed through artistic or innovative means.

F. The expression of one's thoughts, feelings, or ideas, particularly through creative outlets.

G. The state of being free from public attention or scrutiny; protecting personal information from being shared without consent.

H. Configurable options that allow users to control their online experience and manage their privacy.

I. The trail of data one leaves behind when using the internet, which can be permanent and may have lasting implications.

J. Involving oneself or participating actively in an activity or discussion.

K. To find one's way through a complex environment or situation; in this case, refers to managing online interactions safely.

L. Showing consideration and regard for others; important for positive interactions in online communication.

M. The use of digital platforms to harass, threaten, or harm others; a serious issue in online communities.

N. Causing or capable of causing damage or injury; can refer to negative behaviors or content encountered online.

O. To inform authorities or relevant parties about inappropriate or harmful behavior, often used in the context of online safety.