UNIT 8

Vocabulary

Movement and transport

Topic vocabulary: Movement

see page 229 for definitions

accelerate (v)	drift (v, n)	jog (v, n)	sink (v)
approach (v, n)	emigrate (v)	leap (v, n)	skid (v, n)
ascend (v)	float (v)	march (v, n)	skip (v)
bounce (v, n)	flow (v, n)	migrate (v)	slide (v, n)
clamber (v)	fumble (v)	point (v)	slip (v)
clench (v)	gesture (v, n)	punch (v)	step (v, n)
clutch (v)	glide (v)	refugee (n)	stride (v, n)
crawl (v)	grab (v)	roam (v)	trip (v)
creep (v)	grasp (v)	roll (v)	velocity (n)
dash (v)	hop (v, n)	rotate (v)	wander (v)
descend (v)	immigrant (n)	route (n)	wave (v, n)

Topic vocabulary: Transport

see page 230 for definitions

airline (n)	destination (n)	load (v, n)	quay (n)
cargo (n)	hiker (n)	passerby (n)	return fare (n phr)
carriage (n)	hitchhiker (n)	pedestrian (n)	round trip (n phr)
charter (v)	jet lag (n)	pier (n)	steer (v)
commute (v)	legroom (n)	pilot (v, n)	steward (n)

Phrasal verbs

cordon off	stop people from entering an area by putting something such as a rope around it
creep up on	move towards someone quietly and slowly, especially because you want to surprise them
fall behind	move more slowly than other people so that you are behind them; make less progress or be less successful than other people who are doing a similar job or activity
go astray	become lost or go to the wrong place
head off	prevent someone from going somewhere by getting in front of them; prevent something from taking place
hold back	stop someone or something from moving forwards
move in (with)	start living in a different house or flat (with)
move on	leave one place and travel to another; stop discussing or doing something and begin discussing or doing something different
move out	permanently leave the house or flat where you live or the place where you have your business
move over	change your position in order to make space for someone or something
pull over	stop by the side of the road in a car or other vehicle
slip away	leave secretly
step aside	move so that sb can pass you; leave a job so that sb else can take over
stop off	visit somewhere before continuing to another place
tip up	(of an object) have one end move upwards, especially because something heavy has been put at the other end; turn a container upside down so that the things inside it come out
walk out	leave a meeting, performance, etc before the end, usually because you are angry or bored; suddenly leave a relationship, your family, your job, etc

Phrases, patterns and collocations

back back into sth, back onto sth, back sb (to do)

come come to a conclusion/decision/etc, come to power, come into view, come as a shock/etc, come to do sth, come true

drive drive (your point) home, drive sb crazy/mad, drive sb to do sth, drive at sth

drop drop sth off sth, drop sth into/onto sth, drop sb at, drop a hint, drop sb (from a team)

fall fall ill, fall into (a category), fall in love, fall into place, fall short, fall to pieces

fly fly a flag/kite, fly by, fly open, fly at

LIVEWORKSHEETS

Phrases, patterns and collocations

follow follow sb's argument/etc, follow suit, follow sb's lead, follow sb's advice, as follows

get get going, get somewhere, get ill/angry/upset/etc, get sth wet/dirty/etc, get to do sth, get sb sth, get sth done, get sth doing

go go and do sth, go deaf/grey/crazy/bad/etc, go for days/weeks/etc (without sth), go hungry, go without, go to do sth

head head towards/for (a place), head a ball, head a committee/etc, head a list

jump jump at the chance (to do), jump the queue, jump to conclusions, jump the gun

move move it, get a move on, follow sb's every move, make a move, on the move

point point at/to/towards sth, get to the point, make a point of doing sth, make your point, miss the point, at some point, beside the point, up to a point, a sore point

raise raise your hand, raise sth with sb, raise a child/family, raise sb's hopes/expectations, raise a smile, raise your voice, raise an army

run run a business/campaign/etc, run riot, run on petrol/electricity/etc, run sb a bath, run through sth, run the risk of doing, run into problems

rush rush to conclusions, do sth in a rush, in a rush (to do sth), mad rush, rush hour, the Christmas/etc rush

steady steady yourself, steady your nerves, hold sth steady, steady relationship, steady growth, steady look, steady pace

track keep track of, lose track of time/etc, on the wrong track, on track (to do)

turn turn to do sth, turn a gun/etc on sb, turn to sb, turn cold/nasty/etc, turn 40/etc

way get in sb's way, know the way, lose your way, get sth out of the way, make way for, in the way, on the way, in this way, a way of doing, by the way

Idioms

a stone's throw (away/from)	very close (to)
as the crow flies	in a straight line (used for measuring distance)
follow your nose	go straight forward, without turning; do what you feel is right in a particular situation, although you are not certain
in the middle of nowhere	a long way from any town or city
lose your bearings	become confused about where you are and where other things are
make a beeline for	go towards someone or something in the quickest and most direct way
off the beaten track	away from populated areas or areas popular with tourists
stop dead in your tracks	suddenly stop, for example because you are surprised
take a short cut to	follow a path that is quicker and shorter than the usual way
take the scenic route	follow a longer path than the usual one because it is more attractive

Word formation

access	accessibility, (in)accessible
come	overcome, comeback, newcomer, outcome, income, coming, oncoming, incoming
go	undergo, underwent, undergone, for(e)go, for(e)went, for(e)gone, ongoing, outgoing
land	landing, landed, landless
mobile	(im)mobilise, (im)mobility, mobilisation, immobile
motion	motionless
move	mover, movement, (im)movable, moving
pass	passage, (im)passable, passing
progress	progression, progressive(ly)
rapid	rapidity, rapidly
speed	sped, speeding, speedy, speedily
stable	(de)stabilise, (in)stability, destabilisation, stabiliser, (de)stabilising, unstable
stand	withstand, withstood, standing, upstanding, outstanding, notwithstanding
steady	unsteady, (un)steadily
transit	transition, transitory, transitional, transitionally
up	upper, uppermost, upright, upward(s), upwardly

LIVEWORKSHEETS

Topic vocabulary: Movement

A Complete using the correct form of the words in the boxes.

clench • clutch • fumble • gesture • grab • grasp • point • punch • wave

1 I ..... my school bag from the table and rushed out of the house.
2 Grace ..... in her bag for her car keys and finally found them.
3 A man ran from the burning house, ... a baby in his arms.
4 The old man ..... his finger straight at me and I felt a chill go down my spine.
5 As the train left the station, Charlie ..... goodbye.
6 Jamie came home from school with a black eye because someone had ..... him.
7 I asked Karen where the phone was and without taking her eyes off the TV she ..... lazily in the direction of the kitchen.
8 Lina ..... her fists tightly in anger but managed to control herself.
9 He ..... my hand firmly and I could see that he was trying to thank me.

crawl • creep • dash • hop • jog • leap • march • skip • step • stride

10 The burglar ..... very quietly along the corridor, trying not to wake anybody.
11 How long do you think you could ..... on one leg?
12 I ..... in the park most mornings because I like to keep myself in shape.
13 Just ..... this way, sir, and the customer services manager will be with you in a moment.
14 When we heard the noise, we quickly ..... round the corner to see what had happened.
15 Before he learnt to walk, my younger brother used to ..... everywhere on all fours.
16 The army ..... for two days before they came to the outskirts of the city.
17 The speaker ..... onto the stage and smiled confidently at the audience.
18 When he saw me coming, our dog ..... over the gate and came to greet me.
19 Polly was so happy she ..... along the pavement to school, jumping from one foot to the other.

drift • roam • wander

20 When the men were finally found, they had been ..... at sea in a tiny boat for days.
21 Wolves used to ..... this whole area, looking for food.
22 I was bored so I ..... into the centre of town and did a bit of window shopping.

skid • slide • slip • trip

23 I didn't see the oil on the floor and I ..... on it.
24 This wardrobe is really heavy, but maybe we can ..... it along the ground.
25 I didn't see the step and I ..... over it.
26 The road was wet, so when I pressed the brakes the car ..... .

LIVEWORKSHEETS

B **Complete using the words in bold in the correct form.**

1 I ..... over a rock and looked down into the valley below us. We had ..... to 6,000 metres above sea level and the air was getting thin. Nick was injured, and I knew we would have to ..... soon to get medical treatment. (**ascend**, **clamber**, **descend**)

2 The pilot held the controls. The engines were dead and the plane was ..... towards the airfield. She knew that if she didn't have the ..... to reach the runway, there was no way she could ..... . She just hoped that the air would continue to ..... over the wings and stop her from ..... too low. She ..... the runway with her heart in her throat. (**accelerate**, **approach**, **flow**, **glide**, **sink**, **velocity**)

3 The arctic tern is an incredible bird. It ..... thousands of miles each year, stopping occasionally to ..... on the ocean to rest. How it remembers the ..... is still not fully understood. (**float**, **migrate**, **route**)

4 In basketball, you must ..... the ball when you are moving with it. When you take a shot, you should let the ball ..... off your fingers so that it ..... in the air. That makes it more accurate. (**bounce**, **roll**, **rotate**)

5 In the 1950s, many people ..... from the West Indies to England. Life was often hard for these ..... , but they eventually became part of British life. Today, Britain also welcomes ..... from parts of the world that are affected by war. (**emigrate**, **immigrant**, **refugee**)

Topic vocabulary: Transport

C **Complete using the correct form of the words in the box.**

airline • carriage • charter • commute • destination • jet lag • legroom • steward

LET THE PLANE TAKE THE STRAIN

The railways changed the way we live and work. People started to (**1**) ..... to work, travelling home in a crowded train (**2**) ..... each day. Now a new (**3**) ..... , *Officeways*, plans to extend the idea and hopes to get more of us taking the plane to work!
In the past, getting to work by air was only for the very wealthy, who could afford to (**4**) ..... a plane or helicopter even if they didn't have their own private jet. Now, *Officeways*, which travels to (**5**) ..... throughout Europe, is offering special deals on short trips to business travellers. You might have less (**6**) ..... than on the train, but *Officeways* claims their (**7**) ..... are specially trained to help you relax on the way to work. And with such short journey times, there's no risk of (**8**) ..... ! So what are you waiting for? Turn to page 37 for our *Officeways* competition!

LIVEWORKSHEETS

D Circle the correct word or phrase.

1 Running along the seafront, there was a short concrete **pier / quay**, where a dozen fishing boats bobbed in the afternoon sun.
2 Quite a few resorts in Britain have long **piers / quays**, which stick out into the sea, and which often have shows or other forms of entertainment on them.
3 This area is for **passersby / pedestrians** only and is closed to all traffic.
4 After the accident, **passersby / pedestrians** described the driver as a middle-aged man with a beard.
5 Keep both hands on the wheel and you'll find it easier to **pilot / steer** the car.
6 I'm hoping to train so that I can **pilot / steer** commercial aircraft.
7 As I came out of the petrol station, I saw a **hiker / hitchhiker** with his thumb out, trying to get a lift.
8 Local **hikers / hitchhikers** insist that they have the right to walk across the field, although the farmer who owns the land disagrees.
9 It's three and a half hours each way, so the **return fare / round trip** takes seven hours.
10 A single is €40, but the **return fare / round trip** is actually only €55.
11 A lorry lost its **cargo / load** on the motorway and there's white paint everywhere.
12 The area where the **cargo / load** is stored on a plane can actually get extremely cold during a flight.

Phrasal verbs

E Write one word in each gap.

1 The police officer told the homeless man to move ..... and he walked slowly and painfully down the road.
2 Len has already left on foot, but if we take the car then maybe we can still head him ..... before he gets home.
3 Would you mind moving ..... so that I can sit here?
4 A young man was riding his motorbike on the pavement and everyone was forced to step ..... to let him go past.
5 The area has been cordoned ..... following a bomb threat.
6 As I leant on the table, it tipped ..... and I fell over.
7 My mum's a bit upset because my sister's moving ..... to go to university next week.
8 Daryl managed to keep up with the leader for most of the race, but eventually he started to fall ..... .

F Complete using a phrasal verb with a word from box A in the right form and a word from box B.

A creep • go • hold • move • pull • slip • stop • walk

B astray • away • back • in • off • out • over • up

1 Dimitri thought he heard a funny noise coming from the car engine, so he ..... to investigate.
2 The police ..... the crowd ..... so that the ambulances could get to the scene more quickly.
3 The show was so boring that we ..... after half an hour.
4 Remind me to ..... on the way to your grandma's to get her a birthday card.
5 I wish you wouldn't ..... on me like that! You frightened me to death!
6 Martha didn't want to interrupt the party, so she just ..... quietly without anyone noticing.
7 Are you really thinking of ..... with Josie? What about your own flat?
8 It seems that the explorers ..... after losing their map and wandered in the jungle for days.

LIVEWORKSHEETS

G **The phrasal verb *cordon off* means something like 'prevent people entering'. Tick the words which could be used to complete this sentence to form phrasal verbs with a similar meaning.**

The area has been ..... off by police.

1	block	3	line	5	put	7	seal .....
2	close	4	fence	6	rope	8	take .....

Phrases, patterns and collocations

H **Complete using the phrases in the box in the correct form. Change *sb*, *sth* or *do* into something appropriate.**

back onto • do sth in a rush • drop sb at • fall in love • fly at • get a move on
get sth out of the way • get sth wet • go and do • jump at the chance
keep track of • raise sb's hopes

1 Look at the time! We'd better ..... or we're going to be late.
2 My parents say they ..... when they met on holiday in Turkey.
3 Your essay isn't good enough. It's obvious to me that you ..... , rather than taking your time.
4 I've always wanted to fly and I would ..... to visit the pilot in the cockpit.
5 One of the things I love about this house is that it ..... the river.
6 I don't want to ..... , but there's a chance we might be flying to America!
7 I can't believe you ..... Ben what I said about him.
8 There's no need to ..... me – I wasn't the one who crashed the car!
9 I've got a lot of homework, so let me ..... first and then I'll call you.
10 You travel so much! I can't ..... all the countries you've been to.
11 Since you're going that way, do you think you could ..... my house?
12 Those sunglasses were expensive – take them off in the pool or you'll ..... .

I **Write one word in each gap.**

1 In the distance, a steam train ..... slowly into view.
2 Don't ..... your voice at me! I haven't done anything wrong!
3 We need to book our ferry tickets ..... some point, so remind me later.
4 Suddenly, the door flew ..... and there stood Mrs Singh.
5 It's the ..... hour, so there'll be a lot of traffic on the roads.
6 My dad's beginning to ..... grey, and he's only 35.
7 Even when his flight was cancelled, Jake still managed to ..... a smile.
8 Do you know the ..... to Ed's house from here?
9 Sam's not coming, but Isabelle's ..... the way, so she should be here soon.
10 I can't believe that woman just tried to ..... the queue and get to the front first.

LIVEWORKSHEETS

J For each question, write one word which can be used in all three sentences.

1 I don't understand what ..... Michael to leave his family like that.
The kids almost ..... me crazy when we were on holiday.
I thought the journalist ..... his point home well, and the politician didn't know what to say.

2 We decided to ..... towards the small town we could see in the distance.
Joshua Reed has been appointed to ..... the committee responsible for promoting local tourism.
Which places would you say ..... the list of most popular tourist destinations in Britain?

3 I'm starting to ..... to the conclusion that you don't want to go on holiday with me.
How did you ..... to lose your passport?
I know it's going to ..... as a bit of a shock to you, but I've decided to walk round the world.

4 We need to keep up a ..... pace if we're going to get there before it gets dark.
Corey and Angela seem to have a very ..... relationship, and I can't imagine them splitting up, can you?
Kelly gave me a ..... look as if to say, 'I know where you've been.'

5 We always make a ..... of inviting the old woman next door to join us for Christmas dinner.
Don't mention the fact that Chris failed his driving test – it's a bit of a sore ..... with him.
I know she's your best friend, but that's beside the ..... – you had no right to invite her on the trip without asking me.

6 It's hard to believe that Sandra ..... 50 this year, isn't it?
The police officer ..... her gun on the man and told him to lie down on the floor.
I ..... to say something to Connor, but he had already left.

7 Jacob ..... his doctor's advice and went away for a few days.
Hannah decided to start wearing earrings and her friends soon ..... suit.
I ..... the speaker's argument up to the final point, but I don't understand where his conclusions came from.

8 My dad's involved in ..... a campaign to stop them building the new motorway near here.
These vehicles have the advantage of ..... on electricity, rather than petrol.
You won't be able to avoid ..... into problems, so just deal with them when they arise.

Idioms

K Write one word in each gap.

1 From our house to the centre of town is about four miles as the ..... flies.
2 I know the brochure said the villa was 'peaceful', but it was actually in the ..... of nowhere.
3 As soon as we got to the pool, the kids made a ..... for the shop selling ice creams.
4 The soldier shouted 'Halt!' and I stopped dead in my ..... .
5 Cambodia? That's a bit off the beaten ..... , isn't it?
6 Take the next left, then first right, and just follow your ..... until you see the stadium on your left.
7 Wandering the streets of Prague, I lost my ..... , so I had to ask the way to the castle.
8 We were quite lucky because our hotel was only a ..... throw away from the beach.
9 It's about 20 minutes longer, but if we take the scenic ..... you'll be able to take some photos.
10 Turn right here and we'll ..... a short cut through the side roads.

LIVEWORKSHEETS

Word formation

L **Use the word given in capitals at the end of the line to form a word that fits in the space in the same line.**

The stairlift

It's ironic that the very things that are supposed to provide access to the (**1**)	**UP**
floors of buildings – stairs – often, in fact, make them (**2**) ..... . For many elderly	**ACCESS**
people and others with limited (**3**) ..... , getting upstairs can be a daily problem	**MOBILE**
to be (**4**) ..... . However, stairlifts have been helping people solve that problem	**COME**
since they first appeared in the US in the 1930s. Designs have (**5**) ..... many	**GO**
changes over the years and stairlifts have become (**6**) ..... safer and easier to	**PROGRESS**
use. Most consist of a seat which moves along rails that run along the wall.	
The user controls how (**7**) ..... the seat moves along the rails as it travels from	**RAPID**
the bottom of the stairs to the (**8**) ..... at the top. In today's models, the	**LAND**
(**9**) ..... is controlled by computers to give a smooth ride and the components are	**MOVE**
designed to (**10**) ..... constant use. Many people have been given a new lease	**STAND**
of life by the stairlift.	

M **Each of the words in bold is in an incorrect form. Rewrite them correctly.**

1 The situation has been getting **unsteady** worse for many years now. .....
2 The heavy snow meant that the mountain roads were **passage** for over a week. .....
3 People are being advised not to travel to the area because of the **outgoing** conflict. .....
4 Luckily, Tyrone made a very **sped** recovery after the car accident. .....
5 The service at the hotel was **upstanding**, and I'd definitely recommend it. .....
6 Every child needs security and **unstable** in their life. .....
7 It's not always easy to make the **transitional** from primary school to secondary school. .....
8 I sat completely **motion** as the spider crawled along my arm. .....

N **The prefix *de-*, as in *destabilise*, can be added to some verbs, nouns and adjectives in order to give them a negative meaning. Tick the words which can be made negative by adding *de-*.**

1 caffeinated .....
2 direct .....
3 form .....
4 hydrate .....
5 motivate .....
6 regulate .....
7 satisfy .....
8 sensitise .....
9 understand .....
10 value .....

O **Complete the sentences using words formed in exercise N.**

1 Drinking alcohol when it's very hot can ..... you.
2 The government should ..... this industry.
3 I have to drink ..... coffee or I can't sleep.
4 If you don't tell staff how well they're doing, it can ..... them.
5 Don't you think violent films ..... people to violence in real life?
6 You'll ..... your feet if you don't get shoes that fit you properly.
7 They've decided to ..... the currency, so it'll be worth a lot less.

LIVEWORKSHEETS

REVIEW 4

Units 7 and 8

A **Write one word in each gap.**

The Segway

The Segway HT (Human Transporter) (**1**) ..... first presented to the public in 2001. It is a revolutionary form of transport, which runs (**2**) ..... electricity and allows the rider to balance on a small platform between two wheels. Balance (**3**) ..... maintained by two computers, which monitor the Segway's (**4**) ..... move. As the vehicle moves off balance, the computers turn the wheels to compensate, (**5**) ..... this way restoring balance. If the rider leans forwards or backwards, the Segway moves in that direction in an attempt to steady (**6**) ..... . If the rider continues to lean, the vehicle continues to move at up to 10 mph. Once you are (**7**) ..... the move, the Segway (**8**) ..... be steered in the direction you want to go using the handlebars.

(**9**) ..... are thought to be a number of advantages to the Segway for short, inner-city journeys. It's a very safe, environmentally-friendly means of transport, and a number of organisations, such as police forces and postal services, consider (**10**) ..... to be a possible alternative to cars and bicycles.

(1 mark per answer)

B **Complete the sentences by changing the form of the word in capitals.**

11 After a successful career, he retired in 2004, but now he's making a ..... and he's released a new CD. **COME**

12 Mum's fine after her operation, although she's still a little ..... on her feet. **STEADY**

13 I found her last book of poetry very ..... . **MOVE**

14 At the back of the cave, there was a narrow ..... that seemed to lead further into the mountain. **PASS**

15 The party has a number of ..... ideas which should appeal to many undecided voters. **PROGRESS**

16 The long-running civil war has ..... the whole country. **STABLE**

17 Wilkinson went on to become a great athlete, his disability ..... . **STAND**

18 I can't believe you got another ..... ticket! **SPEED**

(1 mark per answer)

C **Circle the correct word.**

19 Would you mind just **taking / running / doing** me a bath while I get changed?

20 I didn't tell you about the possibility of the trip because I didn't want to **lift / raise / boost** your hopes.

21 The colour of the computer is beside the **point / subject / theme** – I want to know that it's reliable.

22 When I got the opportunity to go to China, I **moved / jumped / ran** at the chance.

23 The lecture was interesting, but I found the argument quite difficult to **track / watch / follow**.

24 I didn't think my plan was going to work, but everything **fell / went / moved** into place at the right time.

25 We were enjoying the barbecue, but the weather started to **go / turn / do** a little cold so we went inside.

26 Millions of children around the world will **go / get / suffer** hungry tonight, and I don't think that's fair.

(1 mark per answer)

LIVEWORKSHEETS

D **Complete the second sentence so that it has a similar meaning to the first sentence, using the word given. Do not change the word given. You must use between three and eight words, including the word given.**

27 Smith gave the ball to Jones just before the referee blew his whistle. **by**
Jones ..... Smith just before the referee blew his whistle.

28 Reports say that police have arrested a number of people since the robbery. **reported**
There ..... a number of arrests since the robbery.

29 Try to stay level with the other runners at the start of the race. **fall**
Try ..... the other runners at the start of the race.

30 The police have put a barrier around the building to keep people out. **cordoned**
The building ..... police.

31 A friend of ours fixed our car for us. **had**
We ..... our car.

32 The managing director always likes to welcome new employees on their first day. **point**
The managing director always ..... new employees on their first day.

33 After a slow start, the audience were soon laughing at the comedian's jokes. **had**
After a slow start, the comedian ..... at his jokes.

34 I just need to finish this work and then I'll call you. **way**
I just need to ..... and then I'll call you.

(2 marks per answer)

E **Choose the correct answer.**

35 Why don't you have a doctor ..... at your arm if it's hurting you?
A to look C look
B looking D for looking

36 I wonder if you could let me know what the ..... fare to Berlin is?
A round C two-way
B double D return

37 Mr Parris said he'd like ..... by Monday, if that's possible.
A finished the report C the report finished
B the report will be finished D have the report finished

38 Ben crept ..... on Lisa and put his hands over her eyes.
A out C off
B round D up

39 The company is expected ..... a healthy profit this year.
A make C making
B to make D for making

40 Maria was just walking along the road when someone on a motorbike ..... her handbag.
A clutched C grabbed
B clenched D fumbled

41 Fred Astaire is one of my favourite dancers and I love the way he seems to ..... across the floor.
A glide C skid
B march D dash

42 The new Arts Centre seems to have been ..... construction for quite some time.
A in C on
B under D below

(1 mark per answer)

Total mark: ...../50

LIVEWORKSHEETS