

**Directions:** Push play on the audio and then type the missing words in the boxes. When you finish, scroll down to the bottom of the page and click '**Finish**', then click '**Check my Answers**'. You can do the Dictation Exercise a total of 3 times. After the 3rd time, take a screenshot of each page of your results and paste them in the homework file.

We've all seen romantic \_\_\_\_\_ in movies. Maybe a couple has a \_\_\_\_\_ — or maybe there's just a \_\_\_\_\_ saying goodbye. But how do you break up with a \_\_\_\_\_? You won't find the \_\_\_\_\_ in films. If you decide to \_\_\_\_\_ a friendship, \_\_\_\_\_ Kathleen Beaton told Canada's CBC that it's best to be direct. "I see being \_\_\_\_\_ as important because it makes one's \_\_\_\_\_ clear," she said.

Psychotherapist Malcolm Welland also \_\_\_\_\_ the CBC that it's \_\_\_\_\_ to do it face-to-face or \_\_\_\_\_ the phone. Seeing your face — or at least hearing your \_\_\_\_\_ — will cause fewer \_\_\_\_\_. You should \_\_\_\_\_ why you're \_\_\_\_\_ the friendship, but don't \_\_\_\_\_ every problem you've had.

Psychotherapist Joshua Peters told the CBC you should \_\_\_\_\_ on "2-3 \_\_\_\_\_

English with Rayah©

emotions you've felt in the relationship and \_\_\_\_\_ in which you have felt them."

Beaton also \_\_\_\_\_ using "I" more than "you" — so \_\_\_\_\_ saying, "You never have time for me," it's \_\_\_\_\_ to say, "I need someone who has as much \_\_\_\_\_ for me as I have for them." This puts the focus on your \_\_\_\_\_, not on what the friend might have done \_\_\_\_\_. But Beaton also says you should be \_\_\_\_\_, and \_\_\_\_\_ positive things about the friend, and \_\_\_\_\_ times you remember together.

Even if they get \_\_\_\_\_, psychotherapist Anna Sargent told The Guardian it's probably still best to \_\_\_\_\_ the friendship rather than continuing it out of \_\_\_\_\_. However, \_\_\_\_\_ with a friend is quite \_\_\_\_\_, therapist Navit Schechter told The Guardian. She says it might be best to just start with a \_\_\_\_\_ so you can find out why certain things are \_\_\_\_\_, and explain why they're a problem for you. Instead of breaking up, Schechter said, it might be \_\_\_\_\_ to quietly \_\_\_\_\_, and \_\_\_\_\_ see someone less often, or only see them as part of a group.