

**EX.1 - Gap-Filling Exercise: Complete the sentences with the correct word from the words below.**

**Word list: antibiotics, bandage, x-ray, frostbite, equipment, high altitude, oxygen, thighs, muscle, jaw**

1. The dentist checked my \_\_\_\_\_ because I felt pain when chewing.
2. The climber suffered from \_\_\_\_\_ after spending too long in the freezing wind.
3. She wrapped a \_\_\_\_\_ around her hand to stop the bleeding.
4. The doctor gave him \_\_\_\_\_ to help cure the infection.
5. Breathing at \_\_\_\_\_ is more difficult because the air is thinner.
6. The hospital took an \_\_\_\_\_ to see if he had broken his arm.
7. He pulled a \_\_\_\_\_ in his leg while running yesterday.
8. Mountain climbers carry special \_\_\_\_\_ to help them survive in extreme conditions.
9. She had a bruise on one of her \_\_\_\_\_ after she slipped on the stairs.
10. The hikers carried \_\_\_\_\_ tanks to help them breathe properly.

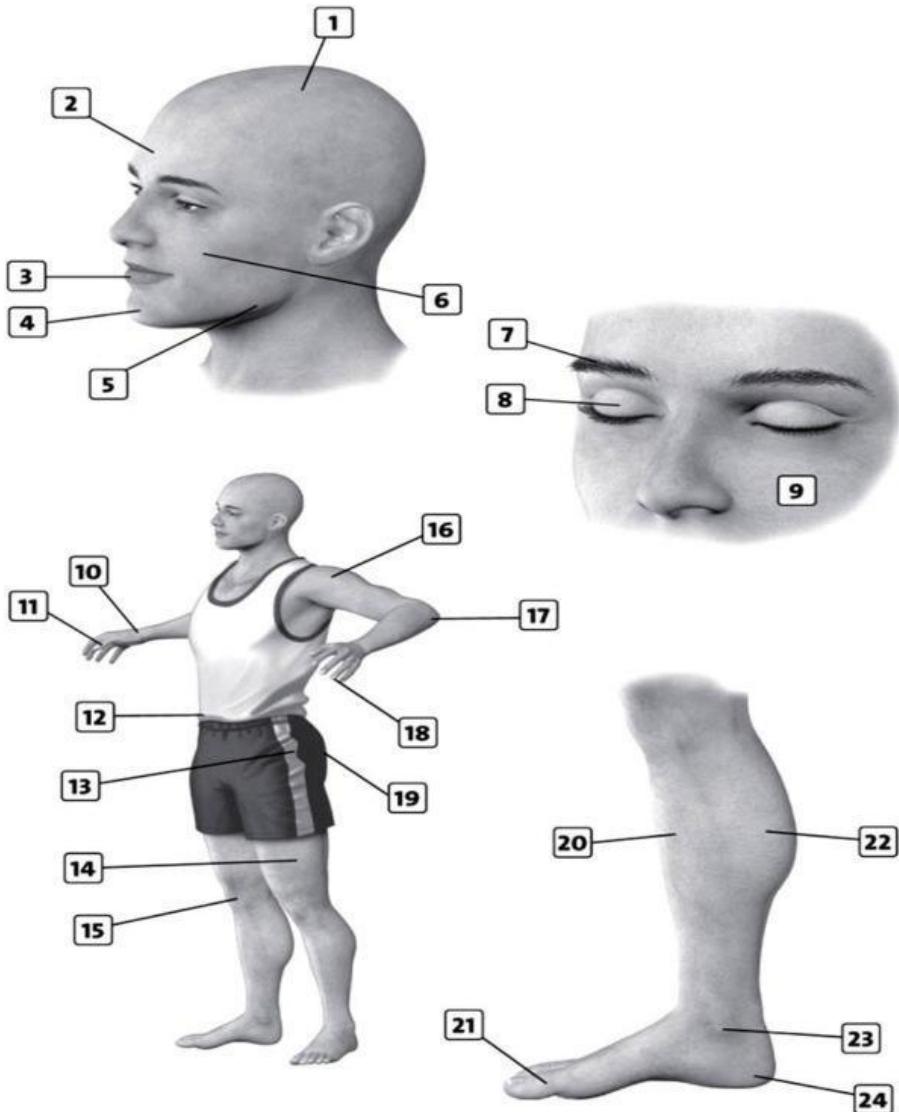
**EX.2 - Matching Exercise: Match the words/phrases (1–10) with their correct definitions (A–J).**

**Words/Phrases:**

1. Bang your head
2. Cut yourself badly
3. Twist your ankle
4. Sprain your wrist
5. Anxious
6. Pride
7. Envious
8. Dressing
9. Painkillers
10. Intestine

**Definitions:**

- A. Strong feeling of worry or nervousness about something.
- B. Hurt the soft tissue in a part of your arm by stretching it too much.
- C. Medicine used to reduce or stop physical discomfort.
- D. A long tube in your body that helps digest food.
- E. Wrap or cover put on a wound to protect it.
- F. Hit your head against something hard by accident.
- G. Injure your skin deeply and seriously.
- H. A feeling of happiness and satisfaction about something you or someone else has achieved.
- I. Feel unhappy because someone has something you want.
- J. Turn a part of your leg suddenly, causing pain and swelling.



**1** s.....  
**2** f.....  
**3** l.....  
**4** c.....  
**5** j.....  
**6** c.....  
**8** e.....  
**10** w.....  
**13** h.....  
**14** t.....  
**17** e.....  
**20** s.....  
**24** h.....