

Conversations

Directions: You will hear a conversation between two or more people. Choose the best answer to each question.

The brain's waste

1. Why is brain waste removal unusual compared to the rest of the body?

- (A) The lymphatic system doesn't reach it.
 - (B) It has fewer veins.
 - (C) It holds more toxins.
 - (D) The brain cleans itself.
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2. What was the key finding of the Danish team?

- (A) Sleep boosts memory.
 - (B) Brain fluid blocks waste.
 - (C) Sleep flushes waste out.
 - (D) Dreams control neurons.
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3. What activates fluid flow between brain cells?

- (A) Rapid breathing
 - (B) Brain heat changes
 - (C) Neuron pressure
 - (D) A deep sleep wave
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4. What does the “sleeve” around the vein allow?

- (A) Blood to enter
 - (B) Nutrients to pass
 - (C) Fluid to escape
 - (D) Oxygen to flow
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5. What can go wrong if the waste system fails?

- (A) Blood clots form.
 - (B) Nerves shrink.
 - (C) Cells stop firing.
 - (D) Inflammation grows.
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6. What does Iliff say about the waste process?

- (A) It happens only at night.
- (B) The steps are linked.
- (C) It's proven in humans.
- (D) Only mice show it.