

## 1 Complete the sentences.

competition ~~match~~ medal team uniform winner



Today Charlie is playing in a basketball <sup>1</sup> match.  
There are seven boys in his <sup>2</sup> team. They all  
wear a red and white <sup>3</sup> uniform.



Yesterday Flo and Ella were at a swimming  
<sup>4</sup> competition. Flo was the <sup>5</sup> winner.  
She got a gold <sup>6</sup> medal.

## 2 Answer the questions about you.

- 1 Are you in a team? \_\_\_\_\_
- 2 What colour is your uniform? \_\_\_\_\_
- 3 How many medals have you got? \_\_\_\_\_
- 4 When do you play matches? \_\_\_\_\_
- 5 Do you like competitions? \_\_\_\_\_
- 6 Which is more important: to play or to be the winner? \_\_\_\_\_

## 3 Match. Then complete the sentences.



strong bones

big muscles

energy



- 1 Cereal and pasta give you energy.
- 2 Meat and cheese give you strong bones.
- 3 You get strong bones from cheese and eggs.