INSPIRED TOTS EARLY LEARNING CENTER

SECOND TERM EXAMINATION, 2025.

NAME:_____ **DATE:**_____

Agricultural Science **2nd Grade**

Section A

Objective questions

1. What are fats?

a. people who are fat b. people who eat a lot c. food that gives your body extra energy

2. _____ are chemical compounds in food that are used by the body to function properly and maintain good health.

a. nutrients b. properties c. agriculture

3. _____ and _____ are energy giving foods.

a. vitamins, minerals b. water, minerals c. carbohydrates, fats and oil

4. All of these are examples of fats and oil except

a. butter b. coconut c. apple

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FOOD AND NUTRIENTS

1. CHOOSE THE CORRECT NUTRIENT FOR EACH FOOD.



2.MATCH THE NUTRIENT TO THEIR FUNCTION.

Vitamines and Minerals	Build and repair the body
Proteins	Keep body healthy and fight diseases
Water	Store energy in body
Fats	Energy giving food
Carbohydrates	Keeps body clean and helps in digestion

6. We get important vitamins and minerals from making healthy food choices.
a. true b. false c. none of the above
7. Food can be eaten _____ or _____.
8. Give 2 food sources for
Vitamins _____ _____
Fats _____ _____
Minerals _____ _____
Proteins _____ _____
9. A bowl of rice is a good source of _____
a. mineral b. water c. carbohydrates
10. A food without equal amounts of all the food nutrients needed for good health is called a. Balanced diets b. unbalanced foods c. unbalanced diets
11. The food that has all the food nutrients in equal amounts is called a
a. balanced diets b. balanced foods c. unbalanced diets
12. _____ is also known as protein malnutrition.
a. rickets b. goitre c. kwashiorkor

LIVEWORKSHEETS

13. _____ is the softening and weakening of bones in children due to lack of vitamin D.

a. rickets b. goitre c. kwashiorkor

14. Unbalanced diet affects _____.

a. promotion b. growth c. examination

15. Why do we need to eat a balanced diet?

a. to give us energy b. to help us grow c. all of the above

16. Why are fruits and vegetables important?

a. they give you energy b. they provide you with a wide variety of vitamins, minerals and nutrients c. they are colourful

17. What can a balanced diet help prevent?

a. illness b. growth c. malnutrition

18. We have __ classes of food.

a. 10 b. 3 c. 6

19. Malnutrition is caused by____ feeding.

a. good b. any c. bad

20 Grain crops give_____

a. protein b. carbohydrate c. fats and oil

21. Pap is made from _____

a. meat b. fruits c. grains

22. _____ is the most important nutrient that moves nutrients and wastes in your body?

a. tomato b. water c. milk

23 ____ is an example of grain crops

a. tomatoes b. rice c. yam

24. Give four examples of grain crops.

a. _____ b. _____

c. _____ d. _____

25. Write two uses of grain crops

i. _____

ii. _____

LIVEWORKSHEETS

Needs of Plants

Look at the needs-of-plants pictures and write their names on the lines given.











LIVEWORKSHEETS