English for children

How to Be Efficient with Study Time

Howard, Missy, Bernadette, and Stuart are sitting in the school library. They believe that studying is important, but they often feel overwhelmed by the amount of work they have. Missy is trying to explain how to be more efficient. "We need to follow a plan and stick to it," she says. Stuart answers, "But I always forget what I need to do!" Howard agrees and asks, "How can we stay focused and not waste time?"

Missy begins to create a study plan. "We should divide our study time into blocks," she says. Howard is writing down the plan while Bernadette climbs onto a chair to grab a book. Stuart bothers Bernadette by poking her arm. "Stop it!" Bernadette cries. Missy explains, "We need to avoid distractions if we want to achieve better results."

They decide to take short breaks between study sessions. "Taking breaks will help us stay focused," Missy says. Howard is boiling water for tea while Bernadette brings some snacks. Stuart asks, "What if we forget to go back to studying?" Missy laughs and answers, "We can set a timer to remind us."

Bernadette is cutting fruit while Howard checks the study plan. "We also need to find a quiet place," he suggests. Missy believes that noise can be a big distraction. Stuart follows Missy's advice and closes the door. "Now we can focus better," Bernadette says. They all agree to start studying right after the snack.

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Howard begins studying math while Bernadette is reading history. Stuart appears confused. "I don't understand this part," he says. Missy explains the problem, and Stuart feels better. "Thanks, Missy!" he says. Bernadette reminds them to take a break every 30 minutes. "Let's not forget to relax," she adds.

Missy discovers that using flashcards helps her remember information better. Howard agrees and begins using flashcards too. Stuart clings to the idea of studying only at night, but Bernadette explains that daytime studying is more effective. "We should try different methods," Missy suggests. They all agree to give it a try.

Bernadette casts a worried look at the clock. "We have one hour left," she says. Stuart is writing notes while Howard is organizing his papers. Missy calls their attention, "Let's review what we've learned." They answer questions and help each other understand the material. "We are getting better at this," Howard says proudly.

After studying, they are feeling more confident. "We managed our time well," Missy says. Howard suggests celebrating with ice cream. They go to the ice cream shop and enjoy their treat. "Next time, it will be even easier," Bernadette says. Stuart agrees. They all believe that smart study habits will help them succeed.

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Comprehension Questions

Choose the correct answer:

Why do Howard, Missy, Bernadette, and Stuart feel overwhelmed?
a) They don't like school.
b) They have too much homework.
c) They prefer playing games.

What does Missy suggest to improve their study time?
a) Studying only at night.
b) Taking short breaks.
c) Skipping study sessions.

Why does Stuart feel confused while studying?
a) He is tired.
b) He doesn't understand the material.
c) He is distracted.

How do they remind themselves to go back to studying after a break?
a) By setting a timer.
b) By writing notes.
c) By asking Missy.

Why does Bernadette suggest studying during the day?
a) It helps them stay more focused.
b) It's quieter at night.
c) Stuart likes it better.

What method helps Missy remember information better?
a) Writing notes.
b) Flashcards.
c) Repeating aloud.

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How does Howard help during the study session?
a) He explains the problem to Stuart.
b) He organizes papers and follows the plan.
c) He takes long breaks.

How does Missy keep everyone focused?
a) She closes the door.
b) She sets the timer.
c) She reminds them to review the material.

What do they do to celebrate after studying?
a) Go for a walk.
b) Eat ice cream.
c) Watch a movie.

What lesson do they learn from the study session?
a) Smart study habits help them succeed.
b) Taking long breaks is the key.
c) Studying is not necessary.

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Present Simple vs Present Continuous – Choose the Correct Verb Form
Instructions: Complete the sentences by choosing the correct form of the verb in parentheses. Use either the Present Simple or Present Continuous.

1. The baby (awake) every morning at 6:00 a.m.
2. Look! The plane (arrive) at the gate now.
3. He (ask) too many questions during class.
4. They rarely (argue) about money.
5. My mother (bake) a cake for my birthday today.
6. I (believe) you are making a mistake.
7. He usually (begin) work at 8:00 a.m.
8. She (clean) her room at the moment.
9. We (climb) the mountain every summer.
10. The dog (bite) the toy right now.
11. He (choose) the wrong option too often.
12. The river (freeze) in winter.
13. My father (build) a new garage this weekend.
14. She (cut) the vegetables for the salad.
15. They (fight) over the remote again!

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Change the following sentences to affirmative questions

- He is building a new house.
-
- She buys groceries every week.
-
- We are cooking dinner.
-
- He doesn't cut his hair often.
-
- They catch the bus every morning.
-
- I don’t dance very well.
-
- He is eating a sandwich.
-
- The baby cries every night.
-
- She doesn't drive fast.
-
- He is explaining the rules.
-

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