Stay healthy, pharmacy, accident, keep fit, insurance, ambulance, dangerous, appointment, dentist, sick/ill, stomach, burn, chemist, medicine, pain

Staying healthy is super important so I don't get _____ or hurt!

I eat good stuff like apples and carrots, play soccer, exercise, and go to bed early to _____ _____.

Mom says it's smart to have health insurance in case I get hurt from an _____or get sick. If I feel _____, I should make an _____with the doctor or _____! The doctor looks at my throat and gives me medicine from the _____to help me feel better. Bad food gives me _____ aches so the medicine makes it better! Mom tells me to only take medicine from the doctor, not to take it without asking because that's _____! If I get _____ or hurt in an accident, I might need an _____to take me to the hospital for help. _____helps pay for that.

Playing sports and riding my bike keeps me strong and stops me from getting sick. Doing healthy things stops pain, accidents, and _____- yuck! If I eat right, play, and sleep I can be happy and healthy! Eating well and playing keeps me energized!

I tell Mom when I don't feel good! Medicine from the _____makes the _____go away! Insurance is good if I get hurt! Being safe prevents problems! _____ _____is fun!

1. If you get hurt in an accident, you may need to call an _____.
2. It's important to have regular dentist _____.
3. If you feel sick/ill, tell an adult so you can get _____.
4. You can get medicine from the pharmacy or _____.
5. Doing dangerous things can lead to an _____.
6. Eating healthy foods helps your stomach feel good.
7. Exercising and playing sports helps you keep _____.
8. Having insurance helps pay for doctor visits and _____.
9. Getting a burn can really _____!
10. Taking medicine without asking can be _____.
11. Seeing the doctor helps prevent your sickness from getting _____.
12. Medicine from the pharmacy can help stop _____.
13. Eating right and exercising helps you stay _____.
14. Being careful can help avoid _____.
15. Taking care of yourself helps you stay _____.

LIVEWORKSHEETS